

Virginia Beach (outer coast), VA - Aug 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:51	3.3	1:38	4.1	7:13	0.1	8:10	0.5	6:09	8:10	
2	Fri	1:47	3.1	2:41	4.1	8:07	0.1	9:17	0.5	6:10	8:09	
3	Sat	2:55	3.0	3:49	4.2	9:08	0.2	10:24	0.5	6:11	8:08	
4	Sun	4:08	3.0	4:54	4.3	10:12	0.2	11:29	0.4	6:12	8:07	
5	Mon	5:17	3.1	5:57	4.4	11:16	0.1			6:12	8:06	
6	Tue	6:23	3.2	6:57	4.5	12:34	0.2	12:21	0.1	6:13	8:05	
7	Wed	7:24	3.4	7:51	4.6	1:31	0.1	1:23	0.0	6:14	8:04	
8	Thu	8:17	3.6	8:39	4.5	2:19	-0.1	2:17	-0.1	6:15	8:03	
9	Fri	9:06	3.8	9:24	4.4	3:02	-0.1	3:07	0.0	6:16	8:02	
10	Sat	9:53	3.9	10:08	4.1	3:44	-0.1	3:56	0.2	6:16	8:01	
11	Sun	10:40	3.9	10:51	3.9	4:25	0.0	4:47	0.4	6:17	8:00	
12	Mon	11:24	3.9	11:32	3.6	5:05	0.1	5:38	0.6	6:18	7:58	
13	Tue			12:06	3.8	5:45	0.3	6:29	0.8	6:19	7:57	
14	Wed	12:12	3.3	12:47	3.8	6:24	0.5	7:19	0.9	6:20	7:56	
15	Thu	12:53	3.0	1:31	3.6	7:04	0.7	8:14	1.1	6:21	7:55	
16	Fri	1:41	2.8	2:24	3.6	7:49	0.9	9:14	1.1	6:21	7:54	
17	Sat	2:42	2.7	3:26	3.5	8:40	1.0	10:11	1.1	6:22	7:52	
18	Sun	3:52	2.6	4:24	3.6	9:35	1.0	11:04	1.1	6:23	7:51	
19	Mon	4:51	2.7	5:16	3.7	10:29	1.0	11:56	1.0	6:24	7:50	
20	Tue	5:43	2.9	6:04	3.9	11:22	0.9			6:25	7:49	
21	Wed	6:33	3.0	6:50	4.0	12:43	0.8	12:15	0.7	6:26	7:47	
22	Thu	7:17	3.3	7:32	4.2	1:23	0.6	1:06	0.6	6:26	7:46	
23	Fri	7:58	3.5	8:10	4.3	1:58	0.4	1:51	0.4	6:27	7:45	
24	Sat	8:37	3.8	8:49	4.3	2:31	0.2	2:35	0.3	6:28	7:43	
25	Sun	9:17	4.0	9:28	4.2	3:06	0.1	3:19	0.3	6:29	7:42	
26	Mon	10:00	4.2	10:11	4.1	3:43	0.0	4:07	0.3	6:30	7:40	
27	Tue	10:46	4.4	10:57	3.9	4:24	0.1	4:59	0.4	6:30	7:39	
28	Wed	11:33	4.5	11:45	3.7	5:09	0.1	5:55	0.5	6:31	7:38	
29	Thu			12:23	4.5	5:58	0.2	6:53	0.6	6:32	7:36	
30	Fri	12:35	3.4	1:18	4.4	6:51	0.3	7:57	0.7	6:33	7:35	
31	Sat	1:33	3.2	2:24	4.3	7:50	0.5	9:08	0.8	6:34	7:33	