

Virginia Beach (outer coast), VA - Nov 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:54	4.0	5:07	3.7	11:09	0.7	11:14	0.5	6:28	5:06	
2	Sat	5:39	4.2	5:51	3.6			12:01	0.6	6:29	5:05	
3	Sun	6:19	4.3	6:31	3.6			12:45	0.5	6:30	5:04	
4	Mon	6:54	4.4	7:07	3.5	12:29	0.4	1:21	0.5	6:31	5:03	
5	Tue	7:27	4.4	7:42	3.4	1:01	0.4	1:54	0.5	6:32	5:02	
6	Wed	7:59	4.3	8:18	3.3	1:32	0.5	2:26	0.6	6:33	5:01	
7	Thu	8:33	4.2	8:55	3.2	2:05	0.6	3:01	0.6	6:34	5:01	
8	Fri	9:10	4.1	9:36	3.1	2:40	0.7	3:40	0.7	6:35	5:00	
9	Sat	9:50	3.9	10:18	3.0	3:20	0.9	4:25	0.9	6:36	4:59	
10	Sun	10:33	3.8	11:02	2.9	4:04	1.0	5:12	0.9	6:37	4:58	
11	Mon	11:16	3.7	11:49	2.8	4:54	1.1	5:59	1.0	6:38	4:57	
12	Tue			12:03	3.6	5:47	1.1	6:49	0.9	6:39	4:56	
13	Wed	12:44	2.9	12:56	3.5	6:45	1.1	7:41	0.8	6:40	4:56	
14	Thu	1:48	3.1	1:57	3.5	7:49	1.0	8:31	0.6	6:41	4:55	
15	Fri	2:49	3.4	2:57	3.5	8:52	0.8	9:18	0.4	6:42	4:54	
16	Sat	3:42	3.8	3:51	3.6	9:51	0.6	10:05	0.2	6:43	4:54	
17	Sun	4:31	4.2	4:44	3.6	10:49	0.3	10:54	0.0	6:44	4:53	
18	Mon	5:21	4.6	5:38	3.6	11:46	0.1	11:44	-0.2	6:45	4:52	
19	Tue	6:12	4.9	6:31	3.7			12:40	-0.2	6:46	4:52	
20	Wed	7:02	5.1	7:22	3.7	12:34	-0.4	1:31	-0.3	6:47	4:51	
21	Thu	7:52	5.1	8:14	3.6	1:23	-0.4	2:21	-0.3	6:48	4:51	
22	Fri	8:45	5.0	9:09	3.5	2:13	-0.3	3:16	-0.2	6:49	4:50	
23	Sat	9:41	4.8	10:08	3.4	3:07	-0.2	4:15	0.0	6:50	4:50	
24	Sun	10:39	4.5	11:09	3.3	4:09	0.0	5:16	0.1	6:51	4:49	
25	Mon	11:36	4.1			5:15	0.3	6:17	0.2	6:52	4:49	
26	Tue	12:13	3.3	12:38	3.8	6:24	0.5	7:18	0.3	6:53	4:49	
27	Wed	1:27	3.3	1:47	3.5	7:39	0.6	8:16	0.3	6:54	4:48	
28	Thu	2:41	3.4	2:53	3.3	8:52	0.6	9:07	0.3	6:55	4:48	
29	Fri	3:39	3.6	3:48	3.1	9:54	0.6	9:52	0.3	6:56	4:48	
30	Sat	4:28	3.7	4:37	3.0	10:51	0.6	10:34	0.3	6:57	4:48	