

Virginia Beach (outer coast), VA - Jan 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:01	3.5	6:18	2.5			12:41	0.2	7:16	4:58	
2	Thu	6:40	3.6	6:58	2.6	12:04	0.1	1:14	0.1	7:16	4:59	
3	Fri	7:16	3.6	7:34	2.6	12:43	0.0	1:45	0.0	7:17	5:00	
4	Sat	7:50	3.6	8:10	2.7	1:20	0.0	2:16	0.0	7:17	5:00	
5	Sun	8:25	3.6	8:48	2.7	1:57	0.0	2:50	0.0	7:17	5:01	
6	Mon	9:01	3.5	9:28	2.7	2:35	0.0	3:26	0.0	7:17	5:02	
7	Tue	9:38	3.4	10:09	2.8	3:16	0.1	4:04	-0.1	7:17	5:03	
8	Wed	10:17	3.3	10:51	2.9	4:03	0.2	4:44	-0.1	7:17	5:04	
9	Thu	10:57	3.1	11:36	3.0	4:54	0.2	5:25	-0.1	7:17	5:05	
10	Fri	11:41	3.0			5:49	0.3	6:09	-0.1	7:16	5:06	
11	Sat	12:26	3.2	12:32	2.8	6:48	0.3	7:00	-0.2	7:16	5:07	
12	Sun	1:25	3.3	1:35	2.6	7:54	0.2	7:56	-0.2	7:16	5:08	
13	Mon	2:31	3.5	2:45	2.5	9:01	0.1	8:57	-0.3	7:16	5:09	
14	Tue	3:36	3.8	3:52	2.6	10:06	0.0	9:58	-0.4	7:16	5:10	
15	Wed	4:38	4.0	4:57	2.7	11:12	-0.2	11:01	-0.6	7:15	5:11	
16	Thu	5:39	4.2	6:01	2.9			12:13	-0.5	7:15	5:12	
17	Fri	6:37	4.3	6:58	3.1	12:03	-0.8	1:07	-0.7	7:15	5:13	
18	Sat	7:30	4.4	7:52	3.3	1:00	-0.9	1:56	-0.8	7:14	5:14	
19	Sun	8:20	4.3	8:44	3.3	1:53	-0.9	2:43	-0.8	7:14	5:15	
20	Mon	9:09	4.1	9:37	3.4	2:46	-0.8	3:31	-0.7	7:13	5:16	
21	Tue	9:57	3.8	10:28	3.4	3:41	-0.6	4:19	-0.6	7:13	5:17	
22	Wed	10:44	3.4	11:18	3.3	4:39	-0.3	5:05	-0.5	7:12	5:18	
23	Thu	11:28	3.1			5:36	0.0	5:49	-0.3	7:12	5:19	
24	Fri	12:07	3.2	12:14	2.7	6:34	0.2	6:34	-0.1	7:11	5:20	
25	Sat	1:01	3.1	1:06	2.4	7:37	0.4	7:23	0.1	7:11	5:21	
26	Sun	2:04	3.0	2:13	2.2	8:42	0.5	8:15	0.2	7:10	5:22	
27	Mon	3:06	3.0	3:19	2.1	9:41	0.5	9:08	0.3	7:09	5:23	
28	Tue	4:00	3.0	4:15	2.2	10:37	0.5	9:59	0.3	7:09	5:24	
29	Wed	4:49	3.1	5:06	2.3	11:30	0.4	10:50	0.2	7:08	5:25	
30	Thu	5:36	3.2	5:54	2.4			12:15	0.2	7:07	5:27	
31	Fri	6:18	3.3	6:35	2.5			12:50	0.1	7:06	5:28	