

Virginia Beach (outer coast), VA - Apr 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:26	3.5	6:47	3.8	12:17	0.0	12:34	-0.1	5:49	6:26	
2	Wed	7:05	3.5	7:26	4.1	1:00	-0.2	1:10	-0.2	5:48	6:26	
3	Thu	7:45	3.5	8:07	4.3	1:43	-0.4	1:47	-0.3	5:46	6:27	
4	Fri	8:27	3.4	8:50	4.3	2:27	-0.4	2:27	-0.3	5:45	6:28	
5	Sat	9:12	3.3	9:38	4.3	3:14	-0.3	3:12	-0.2	5:43	6:29	
6	Sun	10:01	3.2	10:30	4.2	4:07	-0.2	4:04	-0.1	5:42	6:30	
7	Mon	10:54	3.1	11:25	4.0	5:03	0.0	5:01	0.0	5:40	6:31	
8	Tue	11:50	2.9			6:03	0.2	6:04	0.2	5:39	6:32	
9	Wed	12:27	3.8	12:58	2.9	7:10	0.3	7:15	0.3	5:37	6:33	
10	Thu	1:43	3.6	2:23	2.9	8:21	0.3	8:32	0.3	5:36	6:33	
11	Fri	3:02	3.5	3:37	3.2	9:25	0.2	9:43	0.2	5:35	6:34	
12	Sat	4:07	3.6	4:37	3.4	10:21	0.1	10:49	0.1	5:33	6:35	
13	Sun	5:03	3.6	5:30	3.7	11:13	0.0	11:49	-0.1	5:32	6:36	
14	Mon	5:54	3.6	6:17	4.0			12:00	-0.1	5:30	6:37	
15	Tue	6:39	3.5	6:58	4.1	12:40	-0.2	12:40	-0.2	5:29	6:38	
16	Wed	7:19	3.4	7:36	4.2	1:23	-0.2	1:16	-0.2	5:28	6:39	
17	Thu	7:57	3.3	8:12	4.1	2:01	-0.2	1:50	-0.1	5:26	6:40	
18	Fri	8:34	3.2	8:48	4.0	2:38	-0.1	2:24	0.1	5:25	6:40	
19	Sat	9:13	3.1	9:26	3.8	3:15	0.1	3:01	0.3	5:24	6:41	
20	Sun	9:53	2.9	10:05	3.6	3:55	0.2	3:41	0.5	5:22	6:42	
21	Mon	10:34	2.8	10:47	3.4	4:38	0.4	4:26	0.6	5:21	6:43	
22	Tue	11:17	2.7	11:30	3.3	5:23	0.6	5:13	0.8	5:20	6:44	
23	Wed			12:03	2.6	6:11	0.7	6:05	0.9	5:19	6:45	
24	Thu	12:19	3.1	12:58	2.6	7:03	0.8	7:03	0.9	5:17	6:46	
25	Fri	1:17	3.0	2:07	2.6	7:59	0.8	8:06	0.9	5:16	6:47	
26	Sat	2:23	3.0	3:08	2.9	8:50	0.7	9:06	0.7	5:15	6:47	
27	Sun	4:21	3.1	4:57	3.2	10:36	0.5	11:01	0.5	6:14	7:48	
28	Mon	5:11	3.1	5:42	3.5	11:20	0.3	11:56	0.3	6:13	7:49	
29	Tue	5:59	3.2	6:28	3.9			12:05	0.1	6:11	7:50	
30	Wed	6:48	3.3	7:13	4.2	12:49	0.0	12:50	-0.1	6:10	7:51	