

Virginia Beach (outer coast), VA - Jun 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:52	3.3	9:17	4.7	2:57	-0.5	2:48	-0.4	5:46	8:17	
2	Mon	9:46	3.3	10:12	4.6	3:49	-0.5	3:42	-0.3	5:45	8:17	
3	Tue	10:44	3.3	11:09	4.4	4:44	-0.4	4:42	-0.2	5:45	8:18	
4	Wed	11:43	3.4			5:42	-0.3	5:47	0.0	5:45	8:19	
5	Thu	12:05	4.1	12:42	3.4	6:39	-0.2	6:53	0.1	5:44	8:19	
6	Fri	1:01	3.8	1:46	3.4	7:35	-0.1	8:03	0.3	5:44	8:20	
7	Sat	2:02	3.4	2:56	3.5	8:31	0.0	9:16	0.4	5:44	8:20	
8	Sun	3:10	3.1	4:00	3.6	9:24	0.0	10:22	0.4	5:44	8:21	
9	Mon	4:13	2.9	4:53	3.8	10:13	0.1	11:22	0.4	5:44	8:21	
10	Tue	5:08	2.8	5:41	3.9	10:59	0.2			5:44	8:22	
11	Wed	5:59	2.8	6:26	3.9	12:19	0.3	11:45 AM	0.2	5:44	8:22	
12	Thu	6:48	2.7	7:08	3.9	1:09	0.3	12:31	0.3	5:43	8:23	
13	Fri	7:33	2.8	7:46	3.9	1:51	0.2	1:15	0.3	5:43	8:23	
14	Sat	8:13	2.8	8:23	3.9	2:26	0.2	1:54	0.3	5:43	8:24	
15	Sun	8:50	2.8	8:58	3.8	2:58	0.2	2:31	0.3	5:44	8:24	
16	Mon	9:28	2.8	9:35	3.7	3:31	0.2	3:08	0.4	5:44	8:24	
17	Tue	10:08	2.8	10:13	3.6	4:06	0.2	3:47	0.5	5:44	8:25	
18	Wed	10:49	2.8	10:52	3.5	4:44	0.3	4:29	0.6	5:44	8:25	
19	Thu	11:30	2.9	11:31	3.4	5:24	0.3	5:16	0.7	5:44	8:25	
20	Fri			12:10	2.9	6:03	0.3	6:06	0.7	5:44	8:26	
21	Sat	12:10	3.3	12:52	3.0	6:42	0.3	6:57	0.7	5:44	8:26	
22	Sun	12:51	3.1	1:38	3.2	7:23	0.3	7:53	0.7	5:45	8:26	
23	Mon	1:39	3.0	2:32	3.4	8:08	0.2	8:54	0.6	5:45	8:26	
24	Tue	2:36	2.9	3:29	3.7	8:57	0.2	9:55	0.5	5:45	8:26	
25	Wed	3:39	2.8	4:25	4.0	9:50	0.1	10:54	0.3	5:45	8:26	
26	Thu	4:41	2.8	5:20	4.2	10:44	0.0	11:55	0.1	5:46	8:27	
27	Fri	5:41	2.9	6:17	4.5	11:41	-0.2			5:46	8:27	
28	Sat	6:43	3.1	7:15	4.6	12:56	-0.2	12:41	-0.3	5:47	8:27	
29	Sun	7:42	3.2	8:11	4.7	1:52	-0.4	1:40	-0.4	5:47	8:27	
30	Mon	8:38	3.4	9:05	4.7	2:43	-0.5	2:36	-0.5	5:47	8:27	