

Virginia Beach (outer coast), VA - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:34	3.5	9:59	4.6	3:34	-0.5	3:32	-0.4	5:48	8:27	
2	Wed	10:32	3.6	10:53	4.3	4:27	-0.5	4:31	-0.3	5:48	8:26	
3	Thu	11:29	3.7	11:47	4.0	5:21	-0.4	5:35	-0.1	5:49	8:26	
4	Fri			12:25	3.7	6:14	-0.3	6:39	0.1	5:49	8:26	
5	Sat	12:38	3.7	1:21	3.7	7:03	-0.2	7:45	0.3	5:50	8:26	
6	Sun	1:30	3.3	2:22	3.7	7:53	0.0	8:53	0.5	5:50	8:26	
7	Mon	2:31	2.9	3:25	3.7	8:43	0.1	9:58	0.5	5:51	8:26	
8	Tue	3:37	2.7	4:21	3.7	9:34	0.3	10:57	0.6	5:51	8:25	
9	Wed	4:36	2.6	5:11	3.7	10:22	0.4	11:53	0.6	5:52	8:25	
10	Thu	5:30	2.6	5:58	3.7	11:10	0.5			5:53	8:25	
11	Fri	6:22	2.6	6:43	3.7	12:45	0.5	12:00	0.5	5:53	8:24	
12	Sat	7:09	2.7	7:25	3.8	1:29	0.4	12:49	0.5	5:54	8:24	
13	Sun	7:51	2.8	8:03	3.8	2:06	0.4	1:32	0.4	5:55	8:24	
14	Mon	8:30	2.9	8:38	3.8	2:38	0.3	2:11	0.4	5:55	8:23	
15	Tue	9:06	3.0	9:13	3.8	3:08	0.2	2:48	0.4	5:56	8:23	
16	Wed	9:44	3.0	9:48	3.8	3:39	0.2	3:26	0.5	5:57	8:22	
17	Thu	10:22	3.1	10:24	3.7	4:13	0.2	4:07	0.5	5:57	8:22	
18	Fri	11:01	3.2	11:01	3.5	4:48	0.2	4:52	0.6	5:58	8:21	
19	Sat	11:39	3.3	11:39	3.4	5:25	0.2	5:40	0.6	5:59	8:20	
20	Sun			12:19	3.5	6:03	0.2	6:31	0.7	6:00	8:20	
21	Mon	12:20	3.2	1:03	3.6	6:43	0.2	7:25	0.7	6:00	8:19	
22	Tue	1:06	3.1	1:54	3.8	7:28	0.2	8:24	0.6	6:01	8:19	
23	Wed	2:00	2.9	2:54	3.9	8:20	0.2	9:28	0.6	6:02	8:18	
24	Thu	3:07	2.8	3:57	4.1	9:19	0.2	10:32	0.4	6:03	8:17	
25	Fri	4:15	2.9	4:59	4.3	10:20	0.1	11:35	0.3	6:03	8:16	
26	Sat	5:21	3.0	6:01	4.5	11:22	0.0			6:04	8:16	
27	Sun	6:27	3.2	7:02	4.7	12:39	0.0	12:27	-0.2	6:05	8:15	
28	Mon	7:29	3.4	7:59	4.8	1:36	-0.2	1:30	-0.3	6:06	8:14	
29	Tue	8:26	3.7	8:51	4.7	2:27	-0.3	2:27	-0.4	6:06	8:13	
30	Wed	9:19	3.9	9:41	4.6	3:15	-0.4	3:21	-0.3	6:07	8:12	
31	Thu	10:13	4.0	10:32	4.3	4:03	-0.4	4:18	-0.2	6:08	8:11	