

Virginia Beach (outer coast), VA - Aug 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:07	4.1	11:21	4.0	4:51	-0.3	5:18	0.1	6:09	8:10	
2	Sat	11:58	4.1			5:39	-0.2	6:18	0.3	6:10	8:09	
3	Sun	12:09	3.6	12:48	4.0	6:26	0.0	7:18	0.5	6:11	8:08	
4	Mon	12:57	3.3	1:40	3.9	7:12	0.2	8:21	0.7	6:11	8:07	
5	Tue	1:49	2.9	2:39	3.8	8:00	0.5	9:26	0.8	6:12	8:06	
6	Wed	2:54	2.7	3:42	3.7	8:53	0.7	10:25	0.9	6:13	8:05	
7	Thu	4:03	2.7	4:39	3.7	9:47	0.8	11:20	0.9	6:14	8:04	
8	Fri	5:01	2.7	5:29	3.7	10:40	0.8			6:15	8:03	
9	Sat	5:54	2.8	6:16	3.7	12:14	0.8	11:32 AM	0.8	6:15	8:02	
10	Sun	6:43	2.9	7:00	3.8	1:00	0.7	12:24	0.7	6:16	8:01	
11	Mon	7:26	3.1	7:39	3.9	1:38	0.6	1:10	0.7	6:17	8:00	
12	Tue	8:04	3.2	8:13	4.0	2:09	0.5	1:50	0.6	6:18	7:59	
13	Wed	8:40	3.4	8:46	4.0	2:37	0.4	2:28	0.5	6:19	7:58	
14	Thu	9:14	3.5	9:20	3.9	3:06	0.3	3:05	0.5	6:20	7:56	
15	Fri	9:50	3.6	9:54	3.8	3:36	0.3	3:45	0.5	6:20	7:55	
16	Sat	10:27	3.8	10:32	3.7	4:09	0.3	4:29	0.6	6:21	7:54	
17	Sun	11:07	3.9	11:12	3.5	4:45	0.3	5:17	0.7	6:22	7:53	
18	Mon	11:48	4.0	11:55	3.4	5:25	0.3	6:08	0.7	6:23	7:51	
19	Tue			12:33	4.1	6:09	0.4	7:02	0.8	6:24	7:50	
20	Wed	12:42	3.2	1:25	4.1	6:58	0.4	8:02	0.8	6:25	7:49	
21	Thu	1:37	3.1	2:28	4.2	7:55	0.5	9:09	0.8	6:25	7:48	
22	Fri	2:46	3.0	3:39	4.2	9:00	0.5	10:16	0.7	6:26	7:46	
23	Sat	4:02	3.1	4:47	4.4	10:07	0.4	11:20	0.5	6:27	7:45	
24	Sun	5:12	3.3	5:50	4.5	11:14	0.3			6:28	7:44	
25	Mon	6:18	3.6	6:50	4.7	12:23	0.3	12:20	0.1	6:29	7:42	
26	Tue	7:18	3.9	7:44	4.7	1:18	0.1	1:23	0.0	6:29	7:41	
27	Wed	8:11	4.2	8:33	4.7	2:07	-0.1	2:18	-0.1	6:30	7:39	
28	Thu	9:01	4.4	9:20	4.5	2:50	-0.2	3:09	-0.1	6:31	7:38	
29	Fri	9:49	4.5	10:06	4.2	3:32	-0.2	4:01	0.1	6:32	7:37	
30	Sat	10:37	4.5	10:52	3.9	4:15	0.0	4:55	0.3	6:33	7:35	
31	Sun	11:24	4.4	11:38	3.6	4:59	0.2	5:50	0.5	6:34	7:34	