

Virginia Beach (outer coast), VA - Oct 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:15	4.1	5:48	1.0	6:59	1.2	6:59	6:47	
2	Thu	12:37	3.2	1:02	3.9	6:37	1.2	7:55	1.3	7:00	6:46	
3	Fri	1:29	3.0	1:58	3.7	7:31	1.3	8:59	1.4	7:00	6:44	
4	Sat	2:40	3.0	3:08	3.6	8:32	1.4	9:56	1.3	7:01	6:43	
5	Sun	3:55	3.0	4:11	3.7	9:35	1.4	10:42	1.2	7:02	6:41	
6	Mon	4:49	3.2	4:59	3.7	10:31	1.3	11:23	1.1	7:03	6:40	
7	Tue	5:34	3.5	5:42	3.8	11:22	1.1			7:04	6:39	
8	Wed	6:15	3.7	6:24	3.9	12:01	0.9	12:12	1.0	7:05	6:37	
9	Thu	6:54	4.0	7:03	3.9	12:37	0.7	12:59	0.8	7:06	6:36	
10	Fri	7:31	4.3	7:42	4.0	1:13	0.5	1:42	0.6	7:06	6:34	
11	Sat	8:08	4.6	8:21	3.9	1:48	0.4	2:23	0.4	7:07	6:33	
12	Sun	8:46	4.7	9:00	3.8	2:24	0.3	3:05	0.4	7:08	6:31	
13	Mon	9:27	4.8	9:43	3.7	3:01	0.3	3:49	0.4	7:09	6:30	
14	Tue	10:13	4.8	10:31	3.6	3:43	0.3	4:39	0.5	7:10	6:29	
15	Wed	11:03	4.7	11:23	3.5	4:31	0.5	5:35	0.6	7:11	6:27	
16	Thu	11:56	4.6			5:26	0.6	6:34	0.7	7:12	6:26	
17	Fri	12:18	3.4	12:54	4.4	6:28	0.7	7:38	0.8	7:13	6:25	
18	Sat	1:21	3.3	2:01	4.3	7:35	0.8	8:46	0.8	7:14	6:23	
19	Sun	2:40	3.4	3:18	4.2	8:50	0.8	9:50	0.7	7:15	6:22	
20	Mon	4:01	3.6	4:26	4.1	10:03	0.7	10:47	0.5	7:16	6:21	
21	Tue	5:04	3.9	5:24	4.1	11:10	0.6	11:38	0.4	7:17	6:20	
22	Wed	5:59	4.2	6:17	4.1			12:13	0.5	7:18	6:18	
23	Thu	6:49	4.5	7:06	4.0	12:27	0.2	1:10	0.4	7:18	6:17	
24	Fri	7:35	4.7	7:51	3.9	1:11	0.2	1:59	0.3	7:19	6:16	
25	Sat	8:16	4.8	8:33	3.8	1:52	0.1	2:42	0.3	7:20	6:15	
26	Sun	7:55	4.7	8:13	3.7	1:29	0.2	2:22	0.4	6:21	5:13	
27	Mon	8:34	4.6	8:54	3.5	2:06	0.4	3:03	0.5	6:22	5:12	
28	Tue	9:14	4.4	9:37	3.3	2:44	0.6	3:46	0.7	6:23	5:11	
29	Wed	9:56	4.2	10:21	3.2	3:25	0.8	4:32	0.9	6:24	5:10	
30	Thu	10:39	4.0	11:07	3.1	4:11	1.0	5:20	1.0	6:25	5:09	
31	Fri	11:23	3.8	11:55	3.0	5:00	1.1	6:10	1.1	6:26	5:08	