

Virginia Beach (outer coast), VA - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:48	3.4	1:06	2.5	7:28	0.4	7:26	0.1	6:34	5:57	
2	Mon	2:00	3.4	2:22	2.5	8:37	0.3	8:36	0.0	6:33	5:58	
3	Tue	3:14	3.6	3:37	2.7	9:44	0.1	9:45	-0.2	6:32	5:59	
4	Wed	4:21	3.8	4:44	3.0	10:47	-0.1	10:51	-0.4	6:30	6:00	
5	Thu	5:22	4.0	5:45	3.4	11:45	-0.4	11:55	-0.6	6:29	6:01	
6	Fri	6:18	4.1	6:40	3.7			12:36	-0.6	6:27	6:02	
7	Sat	7:08	4.2	7:30	4.0	12:52	-0.8	1:21	-0.8	6:26	6:03	
8	Sun	7:55	4.1	8:18	4.2	1:44	-0.9	2:04	-0.8	6:25	6:04	
9	Mon	8:41	3.9	9:05	4.2	2:33	-0.8	2:46	-0.8	6:23	6:05	
10	Tue	9:27	3.6	9:53	4.1	3:25	-0.6	3:31	-0.6	6:22	6:06	
11	Wed	10:14	3.3	10:40	3.9	4:18	-0.3	4:18	-0.3	6:20	6:07	
12	Thu	11:01	3.0	11:28	3.6	5:12	0.0	5:06	0.0	6:19	6:08	
13	Fri	11:48	2.7			6:07	0.3	5:57	0.2	6:17	6:09	
14	Sat	12:20	3.3	12:42	2.5	7:08	0.5	6:54	0.5	6:16	6:09	
15	Sun	1:25	3.0	1:57	2.4	8:17	0.7	8:01	0.6	6:14	6:10	
16	Mon	2:45	2.9	3:14	2.4	9:21	0.7	9:06	0.6	6:13	6:11	
17	Tue	3:48	3.0	4:11	2.5	10:15	0.7	10:04	0.5	6:12	6:12	
18	Wed	4:39	3.0	5:00	2.7	11:03	0.6	10:56	0.4	6:10	6:13	
19	Thu	5:23	3.1	5:43	2.9	11:44	0.4	11:43	0.3	6:09	6:14	
20	Fri	6:02	3.3	6:20	3.2			12:17	0.2	6:07	6:15	
21	Sat	6:37	3.3	6:54	3.4	12:24	0.1	12:45	0.1	6:06	6:16	
22	Sun	7:09	3.3	7:27	3.6	1:00	0.0	1:13	0.0	6:04	6:17	
23	Mon	7:41	3.3	7:59	3.7	1:35	-0.1	1:42	-0.1	6:03	6:17	
24	Tue	8:14	3.3	8:33	3.8	2:10	-0.1	2:14	-0.1	6:01	6:18	
25	Wed	8:50	3.2	9:11	3.9	2:49	-0.1	2:49	0.0	6:00	6:19	
26	Thu	9:29	3.0	9:54	3.8	3:31	0.0	3:29	0.0	5:58	6:20	
27	Fri	10:12	2.9	10:40	3.8	4:19	0.1	4:15	0.1	5:57	6:21	
28	Sat	10:59	2.8	11:31	3.7	5:11	0.2	5:07	0.2	5:55	6:22	
29	Sun	11:51	2.8			6:07	0.3	6:06	0.3	5:54	6:23	
30	Mon	12:29	3.6	12:55	2.7	7:11	0.4	7:14	0.3	5:52	6:24	
31	Tue	1:41	3.5	2:14	2.8	8:19	0.3	8:28	0.2	5:51	6:24	