

Virginia Beach (outer coast), VA - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:43	3.5	5:19	3.8	10:54	0.0	11:38	0.0	6:09	7:52	
2	Sat	5:41	3.5	6:13	4.1	11:46	-0.2			6:08	7:52	
3	Sun	6:36	3.5	7:03	4.3	12:39	-0.1	12:37	-0.2	6:07	7:53	
4	Mon	7:28	3.4	7:49	4.5	1:34	-0.3	1:24	-0.3	6:06	7:54	
5	Tue	8:14	3.4	8:32	4.5	2:21	-0.3	2:08	-0.2	6:05	7:55	
6	Wed	8:58	3.3	9:14	4.3	3:04	-0.3	2:49	-0.1	6:04	7:56	
7	Thu	9:42	3.2	9:56	4.1	3:46	-0.2	3:30	0.0	6:03	7:57	
8	Fri	10:26	3.1	10:40	3.9	4:30	0.0	4:14	0.3	6:02	7:58	
9	Sat	11:12	3.0	11:24	3.6	5:16	0.2	5:01	0.5	6:01	7:59	
10	Sun	11:57	2.9			6:02	0.4	5:52	0.7	6:00	7:59	
11	Mon	12:08	3.4	12:44	2.8	6:49	0.5	6:43	0.8	5:59	8:00	
12	Tue	12:52	3.2	1:35	2.7	7:36	0.6	7:38	0.9	5:58	8:01	
13	Wed	1:42	3.0	2:37	2.8	8:25	0.7	8:39	0.9	5:57	8:02	
14	Thu	2:41	2.9	3:39	2.9	9:12	0.6	9:39	0.9	5:56	8:03	
15	Fri	3:42	2.8	4:28	3.2	9:56	0.6	10:33	0.7	5:56	8:04	
16	Sat	4:34	2.8	5:10	3.4	10:37	0.5	11:25	0.6	5:55	8:05	
17	Sun	5:21	2.8	5:52	3.7	11:19	0.4			5:54	8:05	
18	Mon	6:08	2.9	6:34	3.9	12:15	0.4	12:03	0.3	5:53	8:06	
19	Tue	6:55	2.9	7:17	4.2	1:04	0.1	12:48	0.1	5:53	8:07	
20	Wed	7:40	3.0	8:00	4.3	1:48	-0.1	1:33	0.0	5:52	8:08	
21	Thu	8:24	3.1	8:44	4.4	2:31	-0.2	2:17	-0.1	5:51	8:09	
22	Fri	9:09	3.1	9:31	4.4	3:14	-0.2	3:03	-0.1	5:51	8:09	
23	Sat	9:58	3.1	10:22	4.3	4:02	-0.2	3:53	-0.1	5:50	8:10	
24	Sun	10:52	3.2	11:15	4.2	4:54	-0.2	4:49	0.0	5:49	8:11	
25	Mon	11:47	3.2			5:49	-0.1	5:51	0.1	5:49	8:12	
26	Tue	12:09	4.0	12:44	3.3	6:44	-0.1	6:55	0.2	5:48	8:12	
27	Wed	1:05	3.8	1:47	3.4	7:39	-0.1	8:04	0.3	5:48	8:13	
28	Thu	2:06	3.5	2:58	3.5	8:36	-0.1	9:17	0.3	5:47	8:14	
29	Fri	3:16	3.3	4:04	3.8	9:32	-0.1	10:25	0.2	5:47	8:15	
30	Sat	4:21	3.1	5:01	4.0	10:24	-0.1	11:29	0.1	5:46	8:15	
31	Sun	5:19	3.1	5:53	4.2	11:15	-0.1			5:46	8:16	