

Virginia Beach (outer coast), VA - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:52	2.8	7:14	4.0	1:11	0.2	12:37	0.2	5:48	8:27	
2	Thu	7:40	2.9	7:57	4.0	1:56	0.2	1:26	0.2	5:48	8:26	
3	Fri	8:23	2.9	8:36	3.9	2:35	0.1	2:09	0.2	5:49	8:26	
4	Sat	9:03	3.0	9:13	3.8	3:09	0.1	2:48	0.3	5:49	8:26	
5	Sun	9:43	3.0	9:49	3.7	3:43	0.1	3:26	0.4	5:50	8:26	
6	Mon	10:23	3.0	10:26	3.6	4:18	0.2	4:06	0.5	5:50	8:26	
7	Tue	11:04	3.1	11:03	3.5	4:53	0.2	4:50	0.6	5:51	8:26	
8	Wed	11:43	3.1	11:40	3.3	5:30	0.3	5:37	0.7	5:51	8:25	
9	Thu			12:21	3.2	6:05	0.3	6:24	0.8	5:52	8:25	
10	Fri	12:17	3.1	1:00	3.3	6:42	0.4	7:14	0.8	5:53	8:25	
11	Sat	12:58	2.9	1:45	3.4	7:21	0.4	8:08	0.8	5:53	8:24	
12	Sun	1:45	2.7	2:37	3.5	8:05	0.4	9:06	0.8	5:54	8:24	
13	Mon	2:42	2.6	3:34	3.7	8:56	0.4	10:05	0.7	5:54	8:24	
14	Tue	3:45	2.6	4:30	3.9	9:50	0.3	11:02	0.5	5:55	8:23	
15	Wed	4:46	2.7	5:25	4.1	10:46	0.2			5:56	8:23	
16	Thu	5:46	2.8	6:22	4.3	12:01	0.3	11:44 AM	0.1	5:56	8:22	
17	Fri	6:47	3.0	7:18	4.5	12:59	0.1	12:45	-0.1	5:57	8:22	
18	Sat	7:44	3.3	8:11	4.7	1:52	-0.2	1:43	-0.3	5:58	8:21	
19	Sun	8:38	3.5	9:02	4.7	2:40	-0.4	2:37	-0.4	5:59	8:21	
20	Mon	9:31	3.7	9:53	4.6	3:27	-0.5	3:32	-0.4	5:59	8:20	
21	Tue	10:26	3.9	10:45	4.3	4:16	-0.5	4:30	-0.2	6:00	8:19	
22	Wed	11:21	4.1	11:37	4.0	5:06	-0.5	5:32	-0.1	6:01	8:19	
23	Thu			12:15	4.1	5:57	-0.4	6:35	0.1	6:02	8:18	
24	Fri	12:27	3.7	1:10	4.1	6:46	-0.2	7:40	0.3	6:02	8:17	
25	Sat	1:21	3.3	2:10	4.0	7:38	0.0	8:49	0.5	6:03	8:17	
26	Sun	2:23	3.0	3:17	4.0	8:33	0.2	9:57	0.5	6:04	8:16	
27	Mon	3:36	2.8	4:20	3.9	9:31	0.3	10:59	0.6	6:05	8:15	
28	Tue	4:42	2.7	5:17	3.9	10:28	0.4	11:59	0.6	6:05	8:14	
29	Wed	5:41	2.8	6:10	3.9	11:25	0.5			6:06	8:13	
30	Thu	6:35	2.9	6:58	3.9	12:53	0.5	12:21	0.5	6:07	8:12	
31	Fri	7:23	3.0	7:40	3.9	1:38	0.5	1:11	0.5	6:08	8:12	