

Virginia Beach (outer coast), VA - Nov 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:28	4.5	8:45	3.4	2:00	0.4	2:54	0.5	6:27	5:07	
2	Mon	9:12	4.5	9:32	3.3	2:40	0.5	3:41	0.6	6:28	5:06	
3	Tue	10:00	4.4	10:23	3.2	3:28	0.6	4:34	0.6	6:29	5:05	
4	Wed	10:52	4.3	11:17	3.2	4:23	0.7	5:29	0.7	6:30	5:04	
5	Thu	11:46	4.2			5:24	0.7	6:27	0.6	6:31	5:03	
6	Fri	12:18	3.3	12:46	4.0	6:30	0.8	7:28	0.6	6:32	5:02	
7	Sat	1:30	3.4	1:56	3.9	7:43	0.7	8:27	0.4	6:33	5:01	
8	Sun	2:45	3.7	3:03	3.9	8:54	0.6	9:21	0.2	6:34	5:00	
9	Mon	3:46	4.1	4:03	3.8	10:00	0.5	10:13	0.1	6:35	4:59	
10	Tue	4:41	4.4	4:59	3.8	11:03	0.3	11:04	-0.1	6:36	4:58	
11	Wed	5:34	4.7	5:53	3.8			12:02	0.1	6:37	4:58	
12	Thu	6:23	4.9	6:44	3.7			12:54	0.0	6:38	4:57	
13	Fri	7:10	4.9	7:31	3.6	12:41	-0.1	1:41	0.0	6:39	4:56	
14	Sat	7:55	4.8	8:17	3.5	1:26	-0.1	2:26	0.1	6:40	4:55	
15	Sun	8:40	4.6	9:03	3.4	2:09	0.1	3:13	0.2	6:41	4:55	
16	Mon	9:26	4.3	9:52	3.2	2:54	0.3	4:02	0.4	6:43	4:54	
17	Tue	10:13	4.1	10:42	3.1	3:43	0.5	4:53	0.6	6:44	4:53	
18	Wed	10:58	3.8	11:31	3.0	4:35	0.8	5:43	0.7	6:45	4:53	
19	Thu	11:43	3.6			5:29	0.9	6:32	0.8	6:46	4:52	
20	Fri	12:24	2.9	12:31	3.3	6:24	1.1	7:21	0.8	6:47	4:51	
21	Sat	1:27	3.0	1:27	3.2	7:25	1.1	8:07	0.8	6:48	4:51	
22	Sun	2:32	3.1	2:27	3.1	8:27	1.1	8:49	0.7	6:49	4:50	
23	Mon	3:21	3.3	3:19	3.0	9:22	1.0	9:27	0.6	6:50	4:50	
24	Tue	4:03	3.5	4:06	3.0	10:12	0.9	10:06	0.5	6:51	4:50	
25	Wed	4:43	3.7	4:50	3.0	11:01	0.7	10:48	0.4	6:52	4:49	
26	Thu	5:23	4.0	5:35	3.0	11:48	0.5	11:31	0.3	6:53	4:49	
27	Fri	6:04	4.2	6:19	3.1			12:32	0.3	6:54	4:48	
28	Sat	6:45	4.3	7:02	3.1	12:14	0.2	1:13	0.2	6:55	4:48	
29	Sun	7:27	4.4	7:44	3.1	12:57	0.1	1:54	0.1	6:56	4:48	
30	Mon	8:10	4.4	8:29	3.1	1:40	0.0	2:38	0.1	6:57	4:48	