

Virginia Beach (outer coast), VA - Nov 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:13	3.9	4:26	3.6	10:24	0.8	10:35	0.6	6:28	5:06	
2	Thu	5:00	4.1	5:12	3.5	11:19	0.7	11:16	0.5	6:29	5:05	
3	Fri	5:42	4.2	5:54	3.5			12:06	0.7	6:30	5:04	
4	Sat	6:19	4.3	6:32	3.4			12:45	0.6	6:31	5:03	
5	Sun	6:54	4.3	7:07	3.4	12:28	0.5	1:19	0.5	6:32	5:02	
6	Mon	7:27	4.3	7:41	3.4	1:01	0.5	1:50	0.5	6:33	5:01	
7	Tue	8:00	4.3	8:16	3.3	1:33	0.5	2:22	0.6	6:34	5:01	
8	Wed	8:35	4.2	8:54	3.2	2:06	0.6	2:58	0.6	6:35	5:00	
9	Thu	9:13	4.1	9:34	3.1	2:42	0.7	3:38	0.7	6:36	4:59	
10	Fri	9:54	4.0	10:17	3.0	3:23	0.8	4:22	0.8	6:37	4:58	
11	Sat	10:36	3.9	11:01	3.0	4:09	0.9	5:08	0.8	6:38	4:57	
12	Sun	11:19	3.7	11:48	3.0	4:59	1.0	5:55	0.8	6:39	4:56	
13	Mon			12:05	3.6	5:54	1.0	6:43	0.7	6:40	4:56	
14	Tue	12:43	3.1	12:59	3.6	6:54	1.0	7:35	0.6	6:41	4:55	
15	Wed	1:45	3.4	2:01	3.5	7:59	0.9	8:27	0.4	6:42	4:54	
16	Thu	2:48	3.7	3:02	3.5	9:02	0.7	9:17	0.2	6:43	4:54	
17	Fri	3:43	4.1	3:59	3.6	10:03	0.4	10:08	0.0	6:44	4:53	
18	Sat	4:36	4.5	4:55	3.6	11:02	0.2	11:01	-0.2	6:45	4:52	
19	Sun	5:30	4.8	5:52	3.7			12:01	-0.1	6:46	4:52	
20	Mon	6:23	5.0	6:47	3.7			12:55	-0.3	6:47	4:51	
21	Tue	7:16	5.1	7:40	3.7	12:47	-0.5	1:47	-0.4	6:48	4:51	
22	Wed	8:08	5.1	8:33	3.7	1:38	-0.5	2:39	-0.3	6:49	4:50	
23	Thu	9:02	4.9	9:30	3.6	2:31	-0.4	3:34	-0.2	6:50	4:50	
24	Fri	9:58	4.6	10:29	3.5	3:28	-0.2	4:33	0.0	6:51	4:49	
25	Sat	10:54	4.3	11:29	3.4	4:30	0.1	5:32	0.1	6:52	4:49	
26	Sun	11:49	3.9			5:35	0.3	6:29	0.2	6:53	4:49	
27	Mon	12:31	3.4	12:47	3.5	6:43	0.5	7:27	0.3	6:54	4:48	
28	Tue	1:42	3.4	1:54	3.3	7:56	0.7	8:21	0.3	6:55	4:48	
29	Wed	2:49	3.5	2:58	3.1	9:03	0.7	9:09	0.4	6:56	4:48	
30	Thu	3:43	3.6	3:51	2.9	10:01	0.7	9:52	0.4	6:57	4:47	