

Virginia Beach (outer coast), VA - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:01	3.6	11:33	4.1	4:58	-0.7	5:12	-0.7	7:35	6:57	
2	Sun	11:52	3.3			5:55	-0.4	6:06	-0.4	7:33	6:58	
3	Mon	12:25	3.8	12:43	3.0	6:54	-0.1	7:01	-0.2	7:32	6:59	
4	Tue	1:22	3.5	1:41	2.7	7:57	0.1	8:02	0.1	7:30	7:00	
5	Wed	2:30	3.3	2:56	2.6	9:07	0.3	9:11	0.2	7:29	7:01	
6	Thu	3:47	3.2	4:13	2.6	10:13	0.4	10:17	0.3	7:28	7:02	
7	Fri	4:50	3.1	5:12	2.7	11:10	0.4	11:15	0.3	7:26	7:03	
8	Sat	5:42	3.2	6:02	2.8			12:02	0.4	7:25	7:04	
9	Sun	6:28	3.2	6:47	3.0	12:09	0.2	12:46	0.2	7:23	7:05	
10	Mon	7:08	3.3	7:25	3.1	12:56	0.1	1:22	0.1	7:22	7:06	
11	Tue	7:44	3.3	7:59	3.3	1:34	0.0	1:51	0.0	7:21	7:07	
12	Wed	8:16	3.4	8:31	3.4	2:07	-0.1	2:19	-0.1	7:19	7:07	
13	Thu	8:48	3.4	9:02	3.5	2:39	-0.1	2:48	-0.1	7:18	7:08	
14	Fri	9:20	3.3	9:35	3.6	3:11	-0.1	3:18	-0.1	7:16	7:09	
15	Sat	9:53	3.2	10:10	3.6	3:46	-0.1	3:52	0.0	7:15	7:10	
16	Sun	10:29	3.1	10:48	3.6	4:25	0.0	4:29	0.0	7:13	7:11	
17	Mon	11:08	3.0	11:29	3.5	5:08	0.1	5:11	0.1	7:12	7:12	
18	Tue	11:50	2.9			5:55	0.2	5:58	0.2	7:10	7:13	
19	Wed	12:14	3.5	12:36	2.8	6:45	0.3	6:50	0.2	7:09	7:14	
20	Thu	1:05	3.5	1:31	2.8	7:42	0.3	7:49	0.2	7:07	7:15	
21	Fri	2:06	3.4	2:38	2.8	8:45	0.3	8:55	0.1	7:06	7:16	
22	Sat	3:17	3.5	3:52	3.0	9:49	0.2	10:03	0.0	7:04	7:16	
23	Sun	4:26	3.6	4:57	3.3	10:50	0.0	11:08	-0.2	7:03	7:17	
24	Mon	5:28	3.8	5:58	3.7	11:48	-0.3			7:01	7:18	
25	Tue	6:27	3.9	6:55	4.1	12:11	-0.5	12:43	-0.5	7:00	7:19	
26	Wed	7:23	4.0	7:48	4.4	1:12	-0.7	1:35	-0.7	6:58	7:20	
27	Thu	8:14	4.1	8:38	4.6	2:06	-0.9	2:22	-0.8	6:57	7:21	
28	Fri	9:02	4.0	9:27	4.6	2:57	-0.9	3:08	-0.8	6:56	7:22	
29	Sat	9:51	3.8	10:16	4.5	3:47	-0.8	3:55	-0.6	6:54	7:23	
30	Sun	10:41	3.6	11:07	4.2	4:39	-0.5	4:45	-0.4	6:53	7:23	
31	Mon	11:32	3.4	11:58	3.9	5:34	-0.3	5:39	-0.1	6:51	7:24	