

Virginia Beach (outer coast), VA - Jun 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:10	3.1	1:56	3.0	7:40	0.4	8:13	0.8	5:46	8:17	
2	Mon	2:00	2.9	2:53	3.1	8:25	0.5	9:11	0.8	5:45	8:17	
3	Tue	2:58	2.8	3:48	3.2	9:10	0.5	10:06	0.8	5:45	8:18	
4	Wed	3:56	2.7	4:35	3.4	9:56	0.4	10:57	0.6	5:45	8:18	
5	Thu	4:48	2.7	5:19	3.6	10:41	0.4	11:47	0.5	5:44	8:19	
6	Fri	5:38	2.8	6:03	3.8	11:27	0.3			5:44	8:20	
7	Sat	6:26	2.8	6:48	4.0	12:36	0.3	12:16	0.2	5:44	8:20	
8	Sun	7:14	3.0	7:32	4.1	1:22	0.1	1:04	0.0	5:44	8:21	
9	Mon	7:59	3.1	8:16	4.3	2:04	-0.1	1:51	-0.1	5:44	8:21	
10	Tue	8:43	3.2	8:59	4.3	2:45	-0.2	2:36	-0.2	5:44	8:22	
11	Wed	9:30	3.3	9:45	4.3	3:28	-0.3	3:23	-0.2	5:44	8:22	
12	Thu	10:19	3.4	10:34	4.2	4:14	-0.3	4:15	-0.1	5:43	8:23	
13	Fri	11:11	3.5	11:25	4.0	5:04	-0.3	5:12	0.0	5:43	8:23	
14	Sat			12:05	3.6	5:55	-0.3	6:12	0.1	5:43	8:24	
15	Sun	12:16	3.8	12:59	3.7	6:47	-0.3	7:15	0.1	5:43	8:24	
16	Mon	1:09	3.6	1:59	3.8	7:40	-0.3	8:21	0.2	5:44	8:24	
17	Tue	2:10	3.3	3:07	3.9	8:37	-0.2	9:30	0.2	5:44	8:25	
18	Wed	3:20	3.1	4:11	4.0	9:34	-0.2	10:36	0.1	5:44	8:25	
19	Thu	4:27	3.0	5:09	4.2	10:31	-0.2	11:39	0.1	5:44	8:25	
20	Fri	5:29	3.0	6:05	4.2	11:27	-0.1			5:44	8:25	
21	Sat	6:29	3.1	6:58	4.3	12:40	0.0	12:25	-0.1	5:44	8:26	
22	Sun	7:24	3.1	7:47	4.3	1:33	-0.1	1:19	-0.1	5:44	8:26	
23	Mon	8:13	3.2	8:31	4.2	2:19	-0.2	2:07	-0.1	5:45	8:26	
24	Tue	8:57	3.2	9:12	4.1	2:59	-0.2	2:50	0.0	5:45	8:26	
25	Wed	9:40	3.2	9:52	3.9	3:38	-0.1	3:32	0.1	5:45	8:26	
26	Thu	10:24	3.2	10:32	3.7	4:16	-0.1	4:16	0.3	5:46	8:27	
27	Fri	11:07	3.2	11:11	3.5	4:56	0.0	5:01	0.5	5:46	8:27	
28	Sat	11:48	3.2	11:50	3.3	5:35	0.1	5:49	0.6	5:46	8:27	
29	Sun			12:28	3.2	6:13	0.2	6:36	0.7	5:47	8:27	
30	Mon	12:29	3.1	1:09	3.2	6:52	0.3	7:25	0.8	5:47	8:27	