

Virginia Beach (outer coast), VA - Aug 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:09	2.8	2:53	3.6	8:23	0.6	9:28	0.9	6:09	8:11	
2	Sat	3:12	2.8	3:53	3.8	9:18	0.5	10:25	0.7	6:09	8:10	
3	Sun	4:15	2.9	4:50	4.0	10:15	0.4	11:21	0.5	6:10	8:09	
4	Mon	5:13	3.0	5:44	4.2	11:12	0.2			6:11	8:08	
5	Tue	6:11	3.3	6:39	4.4	12:17	0.3	12:11	0.1	6:12	8:07	
6	Wed	7:08	3.6	7:31	4.6	1:10	0.0	1:09	-0.1	6:13	8:06	
7	Thu	8:01	3.9	8:21	4.7	1:58	-0.3	2:03	-0.3	6:13	8:05	
8	Fri	8:51	4.2	9:10	4.6	2:43	-0.5	2:55	-0.4	6:14	8:04	
9	Sat	9:42	4.4	9:59	4.5	3:29	-0.5	3:49	-0.3	6:15	8:03	
10	Sun	10:36	4.5	10:51	4.2	4:17	-0.5	4:47	-0.2	6:16	8:02	
11	Mon	11:30	4.5	11:44	3.9	5:08	-0.4	5:47	0.0	6:17	8:00	
12	Tue			12:24	4.5	6:01	-0.2	6:49	0.2	6:18	7:59	
13	Wed	12:37	3.6	1:21	4.3	6:56	0.0	7:54	0.4	6:18	7:58	
14	Thu	1:35	3.3	2:27	4.2	7:54	0.2	9:04	0.6	6:19	7:57	
15	Fri	2:46	3.1	3:39	4.1	8:58	0.4	10:11	0.6	6:20	7:56	
16	Sat	4:03	3.1	4:42	4.0	10:02	0.5	11:11	0.6	6:21	7:54	
17	Sun	5:07	3.1	5:38	4.0	11:02	0.5			6:22	7:53	
18	Mon	6:04	3.2	6:28	4.0	12:08	0.6	12:01	0.5	6:23	7:52	
19	Tue	6:54	3.4	7:12	4.0	12:57	0.5	12:54	0.5	6:23	7:51	
20	Wed	7:37	3.5	7:51	4.0	1:38	0.4	1:38	0.5	6:24	7:49	
21	Thu	8:15	3.7	8:25	4.0	2:10	0.4	2:15	0.5	6:25	7:48	
22	Fri	8:49	3.8	8:58	3.9	2:39	0.3	2:49	0.5	6:26	7:47	
23	Sat	9:22	3.8	9:31	3.8	3:08	0.3	3:23	0.6	6:27	7:45	
24	Sun	9:57	3.9	10:06	3.7	3:38	0.4	4:00	0.7	6:27	7:44	
25	Mon	10:32	3.9	10:42	3.6	4:11	0.4	4:40	0.8	6:28	7:43	
26	Tue	11:10	3.9	11:20	3.4	4:47	0.5	5:23	0.9	6:29	7:41	
27	Wed	11:48	3.8			5:27	0.6	6:09	1.0	6:30	7:40	
28	Thu	12:00	3.3	12:29	3.8	6:09	0.7	6:58	1.0	6:31	7:39	
29	Fri	12:43	3.1	1:16	3.8	6:55	0.8	7:52	1.1	6:32	7:37	
30	Sat	1:33	3.1	2:12	3.9	7:48	0.8	8:52	1.0	6:32	7:36	
31	Sun	2:36	3.1	3:16	4.0	8:48	0.7	9:52	0.9	6:33	7:34	