

Virginia Beach (outer coast), VA - Nov 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:05	4.7	5:25	4.1	11:25	0.1	11:35	-0.2	6:27	5:07	
2	Sun	6:00	5.0	6:20	4.2			12:23	-0.1	6:28	5:06	
3	Mon	6:51	5.2	7:12	4.1	12:27	-0.3	1:16	-0.2	6:29	5:05	
4	Tue	7:41	5.2	8:02	4.0	1:16	-0.3	2:05	-0.2	6:30	5:04	
5	Wed	8:30	5.1	8:53	3.9	2:03	-0.2	2:56	-0.1	6:31	5:03	
6	Thu	9:21	4.8	9:46	3.7	2:52	0.0	3:49	0.1	6:32	5:02	
7	Fri	10:12	4.5	10:39	3.6	3:46	0.3	4:44	0.3	6:33	5:01	
8	Sat	11:03	4.2	11:33	3.4	4:43	0.5	5:39	0.5	6:34	5:00	
9	Sun	11:53	3.9			5:41	0.8	6:33	0.7	6:35	4:59	
10	Mon	12:30	3.3	12:47	3.6	6:43	1.0	7:28	0.8	6:36	4:59	
11	Tue	1:38	3.3	1:50	3.4	7:49	1.1	8:19	0.8	6:37	4:58	
12	Wed	2:45	3.3	2:50	3.3	8:52	1.1	9:04	0.8	6:38	4:57	
13	Thu	3:35	3.5	3:40	3.2	9:44	1.0	9:43	0.7	6:39	4:56	
14	Fri	4:18	3.6	4:25	3.2	10:33	0.9	10:22	0.6	6:40	4:55	
15	Sat	4:58	3.8	5:08	3.2	11:19	0.8	11:02	0.5	6:41	4:55	
16	Sun	5:36	4.0	5:50	3.3			12:01	0.6	6:42	4:54	
17	Mon	6:13	4.1	6:30	3.3			12:39	0.5	6:43	4:53	
18	Tue	6:50	4.2	7:08	3.3	12:22	0.3	1:14	0.4	6:44	4:53	
19	Wed	7:26	4.3	7:45	3.3	1:00	0.3	1:50	0.3	6:45	4:52	
20	Thu	8:03	4.3	8:25	3.3	1:38	0.2	2:28	0.3	6:46	4:52	
21	Fri	8:43	4.3	9:08	3.3	2:18	0.2	3:10	0.3	6:47	4:51	
22	Sat	9:27	4.2	9:55	3.3	3:02	0.3	3:57	0.3	6:48	4:51	
23	Sun	10:13	4.1	10:46	3.3	3:52	0.4	4:46	0.3	6:49	4:50	
24	Mon	11:02	4.0	11:39	3.4	4:48	0.4	5:38	0.2	6:50	4:50	
25	Tue	11:53	3.8			5:48	0.5	6:31	0.2	6:51	4:49	
26	Wed	12:37	3.5	12:52	3.7	6:52	0.5	7:28	0.1	6:52	4:49	
27	Thu	1:45	3.7	1:58	3.5	8:01	0.4	8:25	0.0	6:53	4:48	
28	Fri	2:53	3.9	3:06	3.5	9:08	0.3	9:21	-0.1	6:54	4:48	
29	Sat	3:53	4.2	4:08	3.5	10:12	0.1	10:17	-0.3	6:55	4:48	
30	Sun	4:50	4.5	5:07	3.5	11:15	0.0	11:13	-0.4	6:56	4:48	