

Virginia Beach (outer coast), VA - Dec 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:45	4.7	6:04	3.5			12:13	-0.2	6:57	4:47	
2	Tue	6:37	4.7	6:57	3.6	12:08	-0.4	1:05	-0.3	6:58	4:47	
3	Wed	7:26	4.7	7:46	3.5	12:59	-0.4	1:52	-0.3	6:59	4:47	
4	Thu	8:12	4.6	8:35	3.5	1:46	-0.4	2:38	-0.3	7:00	4:47	
5	Fri	8:59	4.4	9:24	3.4	2:33	-0.2	3:26	-0.1	7:01	4:47	
6	Sat	9:45	4.1	10:14	3.3	3:21	0.0	4:14	0.0	7:02	4:47	
7	Sun	10:31	3.8	11:02	3.2	4:13	0.3	5:02	0.2	7:03	4:47	
8	Mon	11:14	3.5	11:50	3.1	5:06	0.5	5:46	0.3	7:03	4:47	
9	Tue	11:57	3.2			6:00	0.7	6:31	0.4	7:04	4:47	
10	Wed	12:41	3.0	12:45	3.0	6:56	0.8	7:16	0.4	7:05	4:47	
11	Thu	1:41	3.0	1:42	2.8	7:57	0.9	8:03	0.5	7:06	4:47	
12	Fri	2:41	3.1	2:43	2.7	8:55	0.8	8:48	0.4	7:07	4:47	
13	Sat	3:30	3.3	3:36	2.7	9:47	0.7	9:32	0.4	7:07	4:48	
14	Sun	4:14	3.4	4:25	2.7	10:37	0.6	10:17	0.3	7:08	4:48	
15	Mon	4:57	3.6	5:12	2.8	11:25	0.4	11:03	0.1	7:09	4:48	
16	Tue	5:40	3.8	5:58	2.9			12:10	0.2	7:09	4:48	
17	Wed	6:22	3.9	6:41	3.0			12:50	0.0	7:10	4:49	
18	Thu	7:02	4.1	7:23	3.0	12:34	-0.1	1:29	-0.1	7:11	4:49	
19	Fri	7:43	4.1	8:05	3.1	1:17	-0.2	2:08	-0.2	7:11	4:50	
20	Sat	8:25	4.1	8:51	3.2	2:00	-0.3	2:50	-0.3	7:12	4:50	
21	Sun	9:09	4.1	9:40	3.3	2:47	-0.3	3:36	-0.3	7:12	4:50	
22	Mon	9:56	3.9	10:31	3.4	3:39	-0.2	4:25	-0.3	7:13	4:51	
23	Tue	10:45	3.8	11:24	3.4	4:36	-0.1	5:15	-0.3	7:13	4:51	
24	Wed	11:35	3.5			5:36	0.0	6:07	-0.3	7:14	4:52	
25	Thu	12:20	3.5	12:31	3.3	6:39	0.1	7:02	-0.3	7:14	4:53	
26	Fri	1:25	3.6	1:36	3.1	7:48	0.1	8:01	-0.3	7:15	4:53	
27	Sat	2:35	3.7	2:47	2.9	8:57	0.1	9:00	-0.4	7:15	4:54	
28	Sun	3:39	3.9	3:53	2.9	10:03	0.0	9:59	-0.4	7:15	4:54	
29	Mon	4:38	4.0	4:55	3.0	11:06	-0.1	10:57	-0.5	7:15	4:55	
30	Tue	5:34	4.1	5:54	3.0			12:05	-0.3	7:16	4:56	
31	Wed	6:27	4.2	6:46	3.1			12:55	-0.4	7:16	4:57	