

Virginia Beach (outer coast), VA - Feb 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:16	3.6	8:36	3.2	2:00	-0.4	2:30	-0.4	7:06	5:28	●
2	Mon	8:51	3.5	9:14	3.1	2:37	-0.3	3:04	-0.4	7:05	5:29	●
3	Tue	9:27	3.3	9:52	3.1	3:15	-0.1	3:38	-0.3	7:04	5:30	●
4	Wed	10:04	3.1	10:30	3.0	3:56	0.0	4:15	-0.1	7:04	5:31	◐
5	Thu	10:41	2.9	11:08	3.0	4:39	0.2	4:54	0.0	7:03	5:32	◐
6	Fri	11:19	2.7	11:49	2.9	5:23	0.3	5:34	0.1	7:02	5:33	◐
7	Sat			12:01	2.5	6:11	0.4	6:18	0.2	7:01	5:34	◐
8	Sun	12:36	2.9	12:50	2.4	7:05	0.5	7:08	0.2	7:00	5:35	◐
9	Mon	1:33	2.9	1:51	2.3	8:05	0.5	8:04	0.2	6:59	5:36	◐
10	Tue	2:38	3.0	2:57	2.4	9:05	0.4	9:01	0.1	6:58	5:38	◐
11	Wed	3:37	3.2	3:56	2.5	10:01	0.3	9:57	-0.1	6:57	5:39	◐
12	Thu	4:31	3.4	4:52	2.8	10:56	0.0	10:54	-0.3	6:56	5:40	○
13	Fri	5:24	3.7	5:46	3.1	11:48	-0.3	11:50	-0.6	6:55	5:41	○
14	Sat	6:14	3.9	6:37	3.4			12:36	-0.6	6:54	5:42	○
15	Sun	7:01	4.0	7:25	3.7	12:42	-0.8	1:20	-0.8	6:52	5:43	○
16	Mon	7:47	4.1	8:13	3.9	1:32	-0.9	2:03	-0.9	6:51	5:44	○
17	Tue	8:34	4.0	9:02	4.0	2:21	-1.0	2:49	-1.0	6:50	5:45	○
18	Wed	9:23	3.9	9:54	4.0	3:13	-0.9	3:37	-0.9	6:49	5:46	○
19	Thu	10:14	3.6	10:48	4.0	4:10	-0.7	4:29	-0.8	6:48	5:47	○
20	Fri	11:05	3.4	11:43	3.8	5:09	-0.5	5:24	-0.6	6:47	5:48	○
21	Sat			12:00	3.1	6:10	-0.2	6:21	-0.4	6:45	5:49	○
22	Sun	12:44	3.6	1:04	2.8	7:18	0.0	7:26	-0.2	6:44	5:50	◐
23	Mon	1:59	3.5	2:24	2.7	8:30	0.1	8:36	-0.1	6:43	5:51	◐
24	Tue	3:14	3.4	3:38	2.7	9:38	0.1	9:42	-0.1	6:41	5:52	◐
25	Wed	4:17	3.4	4:40	2.8	10:39	0.1	10:45	-0.1	6:40	5:53	◐
26	Thu	5:13	3.5	5:34	3.0	11:35	0.0	11:42	-0.2	6:39	5:54	◐
27	Fri	6:02	3.5	6:21	3.1			12:21	-0.1	6:38	5:55	◐
28	Sat	6:43	3.5	7:00	3.3	12:30	-0.2	12:58	-0.2	6:36	5:56	◐
29	Sun	7:19	3.5	7:35	3.4	1:09	-0.3	1:29	-0.2	6:35	5:57	◐