

Virginia Beach (outer coast), VA - Mar 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:01	3.1	4:22	2.7	10:20	0.4	10:19	0.1	6:34	5:58	
2	Wed	4:51	3.3	5:12	2.9	11:10	0.1	11:13	-0.1	6:33	5:59	
3	Thu	5:38	3.5	5:59	3.2	11:56	-0.1			6:31	6:00	
4	Fri	6:23	3.7	6:44	3.5	12:04	-0.3	12:38	-0.4	6:30	6:00	
5	Sat	7:05	3.8	7:27	3.8	12:51	-0.6	1:19	-0.6	6:28	6:01	
6	Sun	7:48	3.9	8:11	4.0	1:36	-0.7	1:59	-0.7	6:27	6:02	
7	Mon	8:31	3.8	8:57	4.1	2:22	-0.7	2:42	-0.7	6:26	6:03	
8	Tue	9:18	3.7	9:47	4.1	3:12	-0.7	3:29	-0.7	6:24	6:04	
9	Wed	10:07	3.6	10:39	4.0	4:05	-0.5	4:20	-0.5	6:23	6:05	
10	Thu	10:59	3.4	11:33	3.9	5:02	-0.4	5:15	-0.4	6:21	6:06	
11	Fri	11:53	3.1			6:02	-0.2	6:13	-0.2	6:20	6:07	
12	Sat	12:33	3.7	12:57	3.0	7:07	0.0	7:19	-0.1	6:18	6:08	
13	Sun	1:46	3.6	2:17	2.9	8:18	0.1	8:31	0.0	6:17	6:09	
14	Mon	3:04	3.5	3:33	3.0	9:26	0.1	9:40	-0.1	6:15	6:10	
15	Tue	4:10	3.6	4:36	3.2	10:28	0.0	10:45	-0.1	6:14	6:11	
16	Wed	5:08	3.6	5:32	3.4	11:24	-0.1	11:45	-0.2	6:13	6:12	
17	Thu	5:59	3.7	6:20	3.6			12:13	-0.2	6:11	6:12	
18	Fri	6:44	3.7	7:02	3.7	12:35	-0.3	12:54	-0.3	6:10	6:13	
19	Sat	7:23	3.6	7:40	3.8	1:17	-0.3	1:29	-0.3	6:08	6:14	
20	Sun	7:59	3.6	8:15	3.8	1:54	-0.3	2:01	-0.3	6:07	6:15	
21	Mon	8:34	3.5	8:51	3.7	2:29	-0.2	2:34	-0.2	6:05	6:16	
22	Tue	9:10	3.3	9:27	3.6	3:05	-0.1	3:09	0.0	6:04	6:17	
23	Wed	9:48	3.2	10:05	3.5	3:44	0.1	3:46	0.2	6:02	6:18	
24	Thu	10:27	3.0	10:44	3.4	4:25	0.2	4:27	0.3	6:01	6:19	
25	Fri	11:06	2.9	11:25	3.2	5:08	0.4	5:11	0.5	5:59	6:19	
26	Sat	11:49	2.7			5:54	0.5	5:58	0.6	5:58	6:20	
27	Sun	12:10	3.1	12:38	2.6	6:44	0.6	6:50	0.6	5:56	6:21	
28	Mon	1:04	3.0	1:39	2.6	7:41	0.6	7:49	0.6	5:55	6:22	
29	Tue	2:09	3.1	2:45	2.7	8:38	0.6	8:49	0.5	5:53	6:23	
30	Wed	3:12	3.2	3:42	3.0	9:32	0.4	9:47	0.3	5:52	6:24	
31	Thu	4:07	3.3	4:35	3.3	10:22	0.2	10:43	0.0	5:50	6:25	