

Virginia Beach (outer coast), VA - Apr 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:31	3.7	2:07	3.1	8:05	0.1	8:23	0.1	5:49	6:25	
2	Sun	2:48	3.6	3:22	3.3	9:11	0.1	9:32	0.0	5:48	6:26	
3	Mon	3:56	3.7	4:26	3.5	10:11	0.0	10:38	-0.1	5:46	6:27	
4	Tue	4:56	3.7	5:23	3.7	11:09	-0.2	11:40	-0.3	5:45	6:28	
5	Wed	5:51	3.8	6:15	4.0			12:01	-0.3	5:43	6:29	
6	Thu	6:40	3.8	7:00	4.1	12:34	-0.4	12:46	-0.4	5:42	6:30	
7	Fri	7:23	3.8	7:41	4.2	1:20	-0.4	1:26	-0.4	5:41	6:31	
8	Sat	8:04	3.7	8:21	4.1	2:01	-0.4	2:04	-0.3	5:39	6:31	
9	Sun	8:44	3.5	9:00	4.0	2:41	-0.3	2:41	-0.1	5:38	6:32	
10	Mon	9:25	3.4	9:40	3.8	3:22	-0.1	3:20	0.1	5:36	6:33	
11	Tue	10:06	3.2	10:20	3.6	4:04	0.1	4:02	0.3	5:35	6:34	
12	Wed	10:47	3.0	11:01	3.4	4:48	0.3	4:47	0.5	5:33	6:35	
13	Thu	11:29	2.9	11:44	3.3	5:32	0.5	5:33	0.6	5:32	6:36	
14	Fri			12:16	2.8	6:19	0.6	6:23	0.7	5:31	6:37	
15	Sat	12:32	3.1	1:12	2.7	7:11	0.7	7:19	0.8	5:29	6:38	
16	Sun	1:32	3.0	2:18	2.8	8:06	0.7	8:19	0.8	5:28	6:38	
17	Mon	2:37	3.0	3:17	2.9	8:58	0.6	9:16	0.6	5:27	6:39	
18	Tue	3:33	3.1	4:06	3.2	9:46	0.5	10:09	0.4	5:25	6:40	
19	Wed	4:23	3.2	4:52	3.5	10:32	0.3	11:02	0.2	5:24	6:41	
20	Thu	5:11	3.3	5:37	3.8	11:18	0.1	11:52	0.0	5:23	6:42	
21	Fri	5:58	3.5	6:21	4.1			12:03	-0.1	5:21	6:43	
22	Sat	6:43	3.6	7:05	4.3	12:40	-0.3	12:47	-0.3	5:20	6:44	
23	Sun	7:27	3.7	7:48	4.5	1:24	-0.4	1:30	-0.4	5:19	6:45	
24	Mon	8:12	3.7	8:35	4.5	2:09	-0.5	2:14	-0.4	5:18	6:46	
25	Tue	9:00	3.6	9:24	4.5	2:57	-0.5	3:02	-0.3	5:16	6:46	
26	Wed	9:52	3.6	10:17	4.3	3:50	-0.4	3:56	-0.2	5:15	6:47	
27	Thu	10:46	3.5	11:12	4.1	4:46	-0.3	4:55	-0.1	5:14	6:48	
28	Fri	11:43	3.4			5:44	-0.2	5:57	0.1	5:13	6:49	
29	Sat	12:10	3.9	12:46	3.3	6:45	0.0	7:05	0.2	5:12	6:50	
30	Sun	1:17	3.7	3:03	3.4	8:49	0.0	9:18	0.2	6:10	7:51	