

Virginia Beach (outer coast), VA - May 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:32	3.5	4:14	3.5	9:52	0.0	10:27	0.2	6:09	7:52	
2	Tue	4:39	3.5	5:14	3.7	10:49	0.0	11:31	0.1	6:08	7:53	
3	Wed	5:37	3.5	6:07	3.9	11:42	0.0			6:07	7:53	
4	Thu	6:31	3.4	6:56	4.1	12:31	0.0	12:33	-0.1	6:06	7:54	
5	Fri	7:19	3.4	7:40	4.1	1:23	-0.1	1:18	-0.1	6:05	7:55	
6	Sat	8:02	3.4	8:18	4.2	2:07	-0.2	1:58	-0.1	6:04	7:56	
7	Sun	8:42	3.4	8:55	4.1	2:45	-0.2	2:35	0.0	6:03	7:57	
8	Mon	9:20	3.3	9:31	4.0	3:21	-0.1	3:10	0.1	6:02	7:58	
9	Tue	9:59	3.2	10:08	3.8	3:57	0.0	3:47	0.2	6:01	7:59	
10	Wed	10:39	3.1	10:47	3.7	4:35	0.1	4:27	0.4	6:00	8:00	
11	Thu	11:21	3.0	11:28	3.5	5:16	0.2	5:11	0.5	5:59	8:00	
12	Fri			12:02	3.0	5:58	0.4	5:58	0.7	5:58	8:01	
13	Sat	12:09	3.4	12:45	2.9	6:42	0.5	6:47	0.8	5:57	8:02	
14	Sun	12:52	3.2	1:32	2.9	7:27	0.5	7:39	0.8	5:56	8:03	
15	Mon	1:40	3.1	2:28	2.9	8:16	0.5	8:37	0.8	5:56	8:04	
16	Tue	2:37	3.0	3:28	3.1	9:06	0.5	9:36	0.7	5:55	8:05	
17	Wed	3:38	3.0	4:21	3.4	9:56	0.3	10:32	0.5	5:54	8:05	
18	Thu	4:34	3.1	5:10	3.7	10:44	0.2	11:27	0.2	5:53	8:06	
19	Fri	5:27	3.2	5:59	4.0	11:34	0.0			5:53	8:07	
20	Sat	6:20	3.3	6:49	4.3	12:22	0.0	12:25	-0.2	5:52	8:08	
21	Sun	7:13	3.5	7:39	4.5	1:15	-0.3	1:16	-0.4	5:51	8:09	
22	Mon	8:03	3.6	8:27	4.7	2:05	-0.5	2:05	-0.5	5:50	8:09	
23	Tue	8:53	3.6	9:17	4.7	2:53	-0.6	2:54	-0.5	5:50	8:10	
24	Wed	9:45	3.6	10:09	4.6	3:43	-0.7	3:45	-0.5	5:49	8:11	
25	Thu	10:41	3.6	11:04	4.5	4:37	-0.6	4:42	-0.3	5:49	8:12	
26	Fri	11:38	3.6	11:59	4.2	5:34	-0.5	5:44	-0.1	5:48	8:13	
27	Sat			12:36	3.6	6:31	-0.4	6:48	0.0	5:48	8:13	
28	Sun	12:56	3.9	1:38	3.5	7:29	-0.2	7:56	0.2	5:47	8:14	
29	Mon	1:58	3.6	2:50	3.6	8:28	-0.1	9:09	0.2	5:47	8:15	
30	Tue	3:09	3.4	3:58	3.7	9:27	0.0	10:17	0.2	5:46	8:15	
31	Wed	4:16	3.2	4:56	3.8	10:21	0.0	11:18	0.2	5:46	8:16	