

Virginia Beach (outer coast), VA - Sep 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:39	3.7	7:49	4.1	1:34	0.6	1:33	0.6	6:34	7:33	
2	Sat	8:14	3.8	8:23	4.1	2:05	0.4	2:11	0.5	6:35	7:31	
3	Sun	8:49	4.0	8:58	4.1	2:36	0.4	2:48	0.5	6:36	7:30	
4	Mon	9:25	4.1	9:34	4.0	3:09	0.3	3:27	0.5	6:37	7:28	
5	Tue	10:03	4.2	10:13	3.9	3:44	0.3	4:10	0.5	6:37	7:27	
6	Wed	10:44	4.2	10:56	3.8	4:24	0.4	4:57	0.6	6:38	7:25	
7	Thu	11:29	4.3	11:41	3.7	5:08	0.4	5:48	0.7	6:39	7:24	
8	Fri			12:16	4.3	5:56	0.5	6:42	0.7	6:40	7:22	
9	Sat	12:30	3.6	1:08	4.3	6:48	0.5	7:41	0.7	6:41	7:21	
10	Sun	1:26	3.5	2:09	4.3	7:46	0.6	8:45	0.7	6:41	7:19	
11	Mon	2:34	3.5	3:19	4.3	8:52	0.5	9:51	0.6	6:42	7:18	
12	Tue	3:48	3.6	4:27	4.5	9:58	0.5	10:52	0.4	6:43	7:16	
13	Wed	4:56	3.8	5:28	4.6	11:03	0.3	11:51	0.2	6:44	7:15	
14	Thu	5:59	4.1	6:27	4.7			12:07	0.2	6:45	7:13	
15	Fri	6:57	4.4	7:22	4.7	12:48	0.0	1:08	0.0	6:45	7:12	
16	Sat	7:50	4.6	8:12	4.7	1:39	-0.1	2:03	-0.1	6:46	7:10	
17	Sun	8:39	4.8	8:59	4.6	2:25	-0.2	2:53	0.0	6:47	7:09	
18	Mon	9:26	4.8	9:45	4.4	3:08	-0.1	3:41	0.1	6:48	7:07	
19	Tue	10:13	4.7	10:32	4.1	3:51	0.0	4:32	0.3	6:49	7:06	
20	Wed	11:00	4.6	11:19	3.9	4:36	0.3	5:25	0.5	6:49	7:04	
21	Thu	11:46	4.4			5:24	0.5	6:17	0.8	6:50	7:03	
22	Fri	12:05	3.6	12:32	4.1	6:12	0.8	7:10	1.0	6:51	7:01	
23	Sat	12:53	3.4	1:20	3.9	7:01	1.0	8:07	1.1	6:52	7:00	
24	Sun	1:47	3.2	2:18	3.8	7:54	1.1	9:07	1.2	6:53	6:58	
25	Mon	2:56	3.2	3:24	3.7	8:53	1.2	10:01	1.2	6:54	6:57	
26	Tue	4:03	3.2	4:22	3.7	9:50	1.2	10:47	1.1	6:54	6:55	
27	Wed	4:55	3.4	5:09	3.8	10:42	1.2	11:30	1.0	6:55	6:54	
28	Thu	5:41	3.6	5:53	3.9	11:32	1.0			6:56	6:52	
29	Fri	6:23	3.8	6:35	4.0	12:10	0.9	12:20	0.9	6:57	6:51	
30	Sat	7:03	4.0	7:14	4.1	12:49	0.7	1:05	0.7	6:58	6:49	