

Virginia Beach (outer coast), VA - Feb 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:48	3.7	11:22	3.6	4:41	-0.6	5:09	-0.7	7:06	5:28	
2	Fri	11:39	3.3			5:42	-0.3	6:01	-0.5	7:05	5:29	
3	Sat	12:18	3.4	12:34	3.0	6:46	-0.1	6:57	-0.3	7:04	5:30	
4	Sun	1:23	3.3	1:40	2.7	7:56	0.1	7:57	-0.1	7:03	5:31	
5	Mon	2:35	3.2	2:53	2.5	9:04	0.2	8:56	0.0	7:02	5:32	
6	Tue	3:38	3.2	3:54	2.5	10:05	0.2	9:51	0.0	7:01	5:34	
7	Wed	4:32	3.2	4:48	2.5	11:02	0.2	10:44	0.0	7:00	5:35	
8	Thu	5:21	3.3	5:37	2.6	11:52	0.1	11:34	0.0	7:00	5:36	
9	Fri	6:04	3.3	6:20	2.8			12:33	0.0	6:59	5:37	
10	Sat	6:41	3.4	6:58	2.9	12:16	-0.1	1:05	-0.1	6:57	5:38	
11	Sun	7:15	3.5	7:32	3.0	12:53	-0.2	1:34	-0.2	6:56	5:39	
12	Mon	7:47	3.5	8:06	3.0	1:26	-0.2	2:02	-0.2	6:55	5:40	
13	Tue	8:19	3.4	8:40	3.1	2:00	-0.2	2:32	-0.2	6:54	5:41	
14	Wed	8:52	3.4	9:16	3.1	2:36	-0.2	3:04	-0.2	6:53	5:42	
15	Thu	9:27	3.3	9:53	3.1	3:15	-0.1	3:40	-0.2	6:52	5:43	
16	Fri	10:04	3.1	10:33	3.2	3:57	0.0	4:19	-0.1	6:51	5:44	
17	Sat	10:43	3.0	11:15	3.2	4:44	0.1	5:01	-0.1	6:50	5:45	
18	Sun	11:26	2.9			5:33	0.2	5:47	-0.1	6:49	5:46	
19	Mon	12:02	3.2	12:15	2.7	6:27	0.2	6:39	0.0	6:47	5:47	
20	Tue	12:58	3.3	1:14	2.7	7:28	0.2	7:38	-0.1	6:46	5:48	
21	Wed	2:04	3.4	2:25	2.7	8:34	0.1	8:42	-0.2	6:45	5:49	
22	Thu	3:13	3.6	3:34	2.9	9:38	-0.1	9:45	-0.4	6:44	5:50	
23	Fri	4:16	3.8	4:38	3.1	10:40	-0.3	10:49	-0.6	6:42	5:51	
24	Sat	5:17	4.0	5:40	3.4	11:40	-0.5	11:51	-0.8	6:41	5:52	
25	Sun	6:15	4.2	6:37	3.7			12:35	-0.8	6:40	5:53	
26	Mon	7:07	4.3	7:30	3.9	12:48	-1.0	1:24	-1.0	6:39	5:54	
27	Tue	7:57	4.3	8:20	4.1	1:41	-1.1	2:10	-1.0	6:37	5:55	
28	Wed	8:46	4.2	9:11	4.1	2:32	-1.0	2:58	-0.9	6:36	5:56	