

Virginia Beach (outer coast), VA - Apr 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:49	3.3	11:11	3.7	4:53	-0.1	4:55	0.1	5:50	6:25	
2	Mon	11:37	3.1	11:59	3.4	5:45	0.2	5:46	0.3	5:48	6:26	
3	Tue			12:28	2.9	6:40	0.4	6:40	0.5	5:47	6:27	
4	Wed	12:54	3.2	1:33	2.7	7:40	0.6	7:41	0.6	5:45	6:28	
5	Thu	2:04	3.0	2:46	2.7	8:40	0.6	8:44	0.7	5:44	6:29	
6	Fri	3:11	3.0	3:43	2.8	9:32	0.6	9:39	0.6	5:42	6:30	
7	Sat	4:04	3.1	4:30	3.0	10:18	0.6	10:30	0.5	5:41	6:30	
8	Sun	4:50	3.1	5:14	3.2	11:01	0.4	11:18	0.4	5:39	6:31	
9	Mon	5:33	3.2	5:54	3.4	11:40	0.3			5:38	6:32	
10	Tue	6:12	3.3	6:31	3.6	12:02	0.2	12:16	0.2	5:37	6:33	
11	Wed	6:49	3.4	7:06	3.8	12:41	0.0	12:50	0.0	5:35	6:34	
12	Thu	7:24	3.4	7:41	3.9	1:17	-0.1	1:24	0.0	5:34	6:35	
13	Fri	7:59	3.4	8:17	4.0	1:54	-0.2	1:59	-0.1	5:32	6:36	
14	Sat	8:37	3.4	8:57	4.0	2:34	-0.2	2:37	-0.1	5:31	6:37	
15	Sun	9:19	3.3	9:41	4.0	3:17	-0.1	3:20	0.0	5:30	6:37	
16	Mon	10:04	3.3	10:28	4.0	4:04	-0.1	4:09	0.1	5:28	6:38	
17	Tue	10:53	3.2	11:18	3.9	4:56	0.0	5:02	0.1	5:27	6:39	
18	Wed	11:45	3.2			5:51	0.1	6:00	0.2	5:26	6:40	
19	Thu	12:14	3.8	12:45	3.2	6:50	0.1	7:05	0.2	5:24	6:41	
20	Fri	1:19	3.7	1:58	3.2	7:53	0.1	8:15	0.2	5:23	6:42	
21	Sat	2:32	3.6	3:10	3.5	8:56	0.0	9:23	0.0	5:22	6:43	
22	Sun	3:40	3.7	4:13	3.7	9:55	-0.1	10:29	-0.1	5:20	6:44	
23	Mon	4:41	3.8	5:11	4.0	10:52	-0.3	11:32	-0.3	5:19	6:44	
24	Tue	5:39	3.8	6:05	4.3	11:46	-0.4			5:18	6:45	
25	Wed	6:32	3.9	6:55	4.5	12:29	-0.5	12:36	-0.5	5:17	6:46	
26	Thu	7:20	3.8	7:40	4.5	1:19	-0.6	1:21	-0.5	5:15	6:47	
27	Fri	8:06	3.7	8:24	4.4	2:05	-0.5	2:04	-0.4	5:14	6:48	
28	Sat	8:52	3.6	9:08	4.2	2:50	-0.4	2:47	-0.2	5:13	6:49	
29	Sun	10:38	3.4	10:53	4.0	4:37	-0.2	4:32	0.0	6:12	7:50	
30	Mon	11:24	3.2	11:38	3.7	5:25	0.0	5:21	0.3	6:11	7:51	