

Virginia Beach (outer coast), VA - May 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:10	3.1	6:12	0.2	6:10	0.5	6:10	7:51	
2	Wed	12:21	3.5	12:56	3.0	7:00	0.4	7:01	0.7	6:08	7:52	
3	Thu	1:07	3.2	1:49	2.9	7:49	0.5	7:56	0.8	6:07	7:53	
4	Fri	2:01	3.1	2:54	2.9	8:42	0.6	8:57	0.8	6:06	7:54	
5	Sat	3:05	3.0	3:56	3.0	9:32	0.6	9:54	0.8	6:05	7:55	
6	Sun	4:06	2.9	4:45	3.1	10:18	0.6	10:46	0.7	6:04	7:56	
7	Mon	4:56	3.0	5:29	3.3	11:01	0.5	11:36	0.5	6:03	7:57	
8	Tue	5:43	3.1	6:11	3.6	11:44	0.3			6:02	7:58	
9	Wed	6:28	3.1	6:52	3.8	12:25	0.3	12:27	0.2	6:01	7:58	
10	Thu	7:11	3.2	7:32	4.0	1:11	0.1	1:10	0.1	6:00	7:59	
11	Fri	7:53	3.3	8:12	4.2	1:53	-0.1	1:51	-0.1	5:59	8:00	
12	Sat	8:33	3.4	8:52	4.3	2:33	-0.2	2:31	-0.1	5:58	8:01	
13	Sun	9:16	3.4	9:36	4.3	3:15	-0.3	3:13	-0.1	5:57	8:02	
14	Mon	10:02	3.4	10:23	4.3	4:00	-0.3	4:00	-0.1	5:57	8:03	
15	Tue	10:51	3.4	11:13	4.2	4:50	-0.3	4:52	0.0	5:56	8:04	
16	Wed	11:44	3.3			5:43	-0.2	5:50	0.1	5:55	8:04	
17	Thu	12:05	4.0	12:38	3.4	6:38	-0.1	6:51	0.2	5:54	8:05	
18	Fri	1:00	3.9	1:39	3.4	7:35	-0.1	7:57	0.2	5:53	8:06	
19	Sat	2:03	3.7	2:50	3.5	8:35	-0.1	9:08	0.2	5:53	8:07	
20	Sun	3:14	3.5	4:00	3.7	9:36	-0.1	10:16	0.1	5:52	8:08	
21	Mon	4:22	3.5	5:01	3.9	10:32	-0.2	11:21	0.0	5:51	8:08	
22	Tue	5:23	3.4	5:56	4.1	11:27	-0.2			5:51	8:09	
23	Wed	6:20	3.4	6:49	4.3	12:23	-0.1	12:20	-0.2	5:50	8:10	
24	Thu	7:14	3.4	7:37	4.4	1:19	-0.3	1:11	-0.3	5:49	8:11	
25	Fri	8:02	3.4	8:21	4.4	2:08	-0.3	1:57	-0.2	5:49	8:12	
26	Sat	8:47	3.4	9:02	4.3	2:51	-0.3	2:39	-0.2	5:48	8:12	
27	Sun	9:30	3.3	9:43	4.1	3:32	-0.2	3:20	0.0	5:48	8:13	
28	Mon	10:14	3.2	10:24	3.9	4:13	-0.1	4:02	0.2	5:47	8:14	
29	Tue	10:59	3.2	11:06	3.7	4:56	0.0	4:48	0.4	5:47	8:14	
30	Wed	11:42	3.1	11:47	3.5	5:39	0.2	5:35	0.5	5:46	8:15	
31	Thu			12:26	3.0	6:22	0.3	6:24	0.7	5:46	8:16	