

Virginia Beach (outer coast), VA - Jun 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:28	3.3	1:11	2.9	7:04	0.4	7:14	0.8	5:46	8:17	
2	Sat	1:12	3.1	2:02	3.0	7:48	0.4	8:08	0.8	5:45	8:17	
3	Sun	2:03	2.9	2:59	3.0	8:35	0.5	9:06	0.8	5:45	8:18	
4	Mon	3:01	2.9	3:54	3.2	9:22	0.4	10:01	0.7	5:45	8:18	
5	Tue	3:59	2.8	4:41	3.4	10:08	0.4	10:53	0.5	5:44	8:19	
6	Wed	4:51	2.9	5:26	3.7	10:54	0.3	11:45	0.3	5:44	8:20	
7	Thu	5:41	2.9	6:12	3.9	11:41	0.1			5:44	8:20	
8	Fri	6:31	3.1	6:58	4.1	12:37	0.1	12:31	0.0	5:44	8:21	
9	Sat	7:21	3.2	7:45	4.3	1:26	-0.1	1:19	-0.2	5:44	8:21	
10	Sun	8:08	3.3	8:30	4.5	2:12	-0.3	2:07	-0.3	5:44	8:22	
11	Mon	8:56	3.4	9:17	4.5	2:57	-0.5	2:54	-0.3	5:44	8:22	
12	Tue	9:46	3.5	10:07	4.4	3:44	-0.5	3:44	-0.3	5:43	8:23	
13	Wed	10:39	3.5	11:00	4.3	4:35	-0.5	4:40	-0.2	5:43	8:23	
14	Thu	11:34	3.6	11:53	4.1	5:29	-0.4	5:40	-0.1	5:43	8:24	
15	Fri			12:30	3.6	6:23	-0.4	6:43	0.0	5:44	8:24	
16	Sat	12:47	3.9	1:30	3.6	7:18	-0.3	7:49	0.1	5:44	8:24	
17	Sun	1:46	3.6	2:37	3.7	8:15	-0.2	8:59	0.2	5:44	8:25	
18	Mon	2:54	3.3	3:46	3.8	9:13	-0.2	10:08	0.2	5:44	8:25	
19	Tue	4:03	3.2	4:46	3.9	10:09	-0.1	11:11	0.1	5:44	8:25	
20	Wed	5:04	3.1	5:40	4.1	11:03	-0.1			5:44	8:26	
21	Thu	6:02	3.1	6:32	4.1	12:12	0.1	11:57 AM	-0.1	5:44	8:26	
22	Fri	6:56	3.1	7:20	4.2	1:08	0.0	12:49	-0.1	5:45	8:26	
23	Sat	7:45	3.2	8:02	4.1	1:55	-0.1	1:36	0.0	5:45	8:26	
24	Sun	8:28	3.2	8:41	4.1	2:35	-0.1	2:18	0.0	5:45	8:26	
25	Mon	9:09	3.2	9:19	4.0	3:12	-0.1	2:57	0.1	5:45	8:26	
26	Tue	9:50	3.2	9:57	3.8	3:48	0.0	3:36	0.2	5:46	8:27	
27	Wed	10:31	3.1	10:36	3.7	4:25	0.0	4:17	0.4	5:46	8:27	
28	Thu	11:13	3.1	11:15	3.5	5:04	0.1	5:02	0.5	5:46	8:27	
29	Fri	11:54	3.1	11:54	3.3	5:43	0.2	5:49	0.6	5:47	8:27	
30	Sat			12:34	3.1	6:22	0.3	6:36	0.7	5:47	8:27	