

Virginia Beach (outer coast), VA - Sep 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:54	3.2	3:39	4.2	9:10	0.6	10:08	0.7	6:34	7:33	
2	Sun	4:03	3.4	4:41	4.4	10:12	0.5	11:07	0.4	6:35	7:31	
3	Mon	5:07	3.6	5:40	4.6	11:14	0.3			6:36	7:30	
4	Tue	6:08	4.0	6:38	4.8	12:06	0.2	12:16	0.1	6:36	7:29	
5	Wed	7:07	4.3	7:33	4.9	1:02	-0.1	1:16	-0.1	6:37	7:27	
6	Thu	8:01	4.6	8:25	4.9	1:53	-0.3	2:12	-0.3	6:38	7:26	
7	Fri	8:53	4.8	9:15	4.8	2:41	-0.4	3:05	-0.3	6:39	7:24	
8	Sat	9:44	4.9	10:07	4.6	3:28	-0.4	3:59	-0.2	6:40	7:23	
9	Sun	10:37	4.9	10:59	4.3	4:17	-0.3	4:57	0.0	6:40	7:21	
10	Mon	11:31	4.7	11:52	4.0	5:09	0.0	5:57	0.3	6:41	7:20	
11	Tue			12:24	4.5	6:02	0.2	6:58	0.5	6:42	7:18	
12	Wed	12:45	3.7	1:20	4.3	6:57	0.5	8:02	0.7	6:43	7:17	
13	Thu	1:44	3.5	2:24	4.1	7:56	0.7	9:10	0.9	6:44	7:15	
14	Fri	2:57	3.3	3:36	4.0	8:59	0.9	10:11	1.0	6:44	7:14	
15	Sat	4:08	3.3	4:36	3.9	10:01	1.0	11:05	1.0	6:45	7:12	
16	Sun	5:05	3.4	5:26	3.9	10:57	1.0	11:54	0.9	6:46	7:11	
17	Mon	5:54	3.5	6:11	3.9	11:48	1.0			6:47	7:09	
18	Tue	6:38	3.7	6:51	4.0	12:37	0.8	12:36	0.9	6:48	7:08	
19	Wed	7:17	3.8	7:28	4.0	1:14	0.7	1:17	0.8	6:48	7:06	
20	Thu	7:53	4.0	8:02	4.1	1:44	0.6	1:53	0.7	6:49	7:05	
21	Fri	8:26	4.1	8:34	4.0	2:13	0.5	2:27	0.7	6:50	7:03	
22	Sat	8:58	4.2	9:08	4.0	2:42	0.5	3:02	0.6	6:51	7:02	
23	Sun	9:32	4.2	9:42	3.9	3:13	0.5	3:39	0.7	6:52	7:00	
24	Mon	10:08	4.2	10:20	3.7	3:47	0.6	4:19	0.7	6:53	6:58	
25	Tue	10:48	4.2	11:01	3.6	4:25	0.7	5:04	0.8	6:53	6:57	
26	Wed	11:30	4.2	11:45	3.5	5:07	0.7	5:53	0.9	6:54	6:55	
27	Thu			12:15	4.2	5:54	0.8	6:45	0.9	6:55	6:54	
28	Fri	12:33	3.5	1:05	4.2	6:46	0.8	7:41	0.9	6:56	6:52	
29	Sat	1:27	3.4	2:05	4.2	7:45	0.8	8:43	0.8	6:57	6:51	
30	Sun	2:34	3.5	3:13	4.3	8:50	0.8	9:45	0.7	6:57	6:49	