

Virginia Beach (outer coast), VA - Oct 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:47	3.7	4:20	4.4	9:57	0.6	10:44	0.5	6:58	6:48	
2	Tue	4:52	4.0	5:20	4.6	11:01	0.4	11:41	0.2	6:59	6:46	
3	Wed	5:52	4.3	6:19	4.7			12:04	0.2	7:00	6:45	
4	Thu	6:50	4.7	7:14	4.7	12:37	0.0	1:05	0.0	7:01	6:44	
5	Fri	7:43	4.9	8:06	4.7	1:28	-0.2	2:00	-0.1	7:02	6:42	
6	Sat	8:33	5.1	8:56	4.6	2:16	-0.3	2:52	-0.2	7:03	6:41	
7	Sun	9:22	5.1	9:45	4.4	3:02	-0.2	3:43	-0.1	7:03	6:39	
8	Mon	10:12	5.0	10:36	4.2	3:49	-0.1	4:37	0.1	7:04	6:38	
9	Tue	11:04	4.8	11:28	3.9	4:38	0.2	5:34	0.4	7:05	6:36	
10	Wed	11:55	4.6			5:31	0.5	6:32	0.6	7:06	6:35	
11	Thu	12:20	3.7	12:46	4.3	6:26	0.7	7:30	0.8	7:07	6:33	
12	Fri	1:15	3.5	1:42	4.0	7:23	1.0	8:33	1.0	7:08	6:32	
13	Sat	2:22	3.3	2:49	3.8	8:26	1.1	9:33	1.0	7:09	6:31	
14	Sun	3:36	3.3	3:55	3.7	9:31	1.2	10:24	1.0	7:10	6:29	
15	Mon	4:34	3.4	4:47	3.7	10:27	1.2	11:08	1.0	7:11	6:28	
16	Tue	5:21	3.6	5:31	3.7	11:17	1.1	11:48	0.9	7:11	6:27	
17	Wed	6:04	3.8	6:13	3.8			12:04	1.0	7:12	6:25	
18	Thu	6:43	3.9	6:52	3.8	12:26	0.8	12:48	0.9	7:13	6:24	
19	Fri	7:19	4.1	7:29	3.8	1:00	0.6	1:27	0.7	7:14	6:23	
20	Sat	7:54	4.3	8:04	3.8	1:34	0.5	2:03	0.6	7:15	6:21	
21	Sun	8:27	4.4	8:39	3.8	2:07	0.5	2:39	0.5	7:16	6:20	
22	Mon	9:02	4.5	9:16	3.7	2:40	0.4	3:16	0.5	7:17	6:19	
23	Tue	9:39	4.5	9:55	3.7	3:16	0.5	3:57	0.5	7:18	6:18	
24	Wed	10:20	4.4	10:39	3.6	3:55	0.5	4:43	0.6	7:19	6:16	
25	Thu	11:05	4.4	11:27	3.5	4:40	0.6	5:33	0.6	7:20	6:15	
26	Fri	11:53	4.3			5:32	0.7	6:26	0.7	7:21	6:14	
27	Sat	12:17	3.5	12:45	4.3	6:28	0.7	7:22	0.6	7:22	6:13	
28	Sun	1:14	3.5	12:43	4.2	6:29	0.8	7:22	0.6	6:23	5:12	
29	Mon	1:21	3.5	1:51	4.1	7:37	0.7	8:24	0.4	6:24	5:10	
30	Tue	2:35	3.8	3:00	4.1	8:46	0.6	9:22	0.3	6:25	5:09	
31	Wed	3:40	4.1	4:02	4.2	9:51	0.4	10:18	0.1	6:26	5:08	