

Virginia Beach (outer coast), VA - Feb 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:49	3.6	8:08	3.0	1:27	-0.4	2:11	-0.3	7:06	5:28	
2	Sat	8:23	3.5	8:45	3.0	2:03	-0.3	2:42	-0.3	7:05	5:29	
3	Sun	8:57	3.4	9:22	3.0	2:38	-0.2	3:15	-0.2	7:04	5:30	
4	Mon	9:32	3.3	10:01	3.0	3:16	-0.1	3:50	-0.2	7:03	5:31	
5	Tue	10:09	3.1	10:39	2.9	3:58	0.1	4:27	-0.1	7:03	5:32	
6	Wed	10:46	2.9	11:18	2.9	4:42	0.2	5:05	0.0	7:02	5:33	
7	Thu	11:24	2.8			5:28	0.3	5:46	0.1	7:01	5:34	
8	Fri	12:00	2.9	12:07	2.6	6:17	0.4	6:30	0.1	7:00	5:35	
9	Sat	12:49	2.9	12:58	2.5	7:13	0.4	7:21	0.1	6:59	5:37	
10	Sun	1:48	3.0	2:01	2.4	8:14	0.4	8:18	0.1	6:58	5:38	
11	Mon	2:51	3.2	3:05	2.5	9:14	0.3	9:15	-0.1	6:57	5:39	
12	Tue	3:49	3.4	4:06	2.6	10:12	0.1	10:13	-0.3	6:56	5:40	
13	Wed	4:46	3.7	5:04	2.9	11:10	-0.2	11:11	-0.5	6:55	5:41	
14	Thu	5:41	3.9	6:01	3.2			12:05	-0.5	6:53	5:42	
15	Fri	6:33	4.2	6:54	3.5	12:08	-0.8	12:54	-0.7	6:52	5:43	
16	Sat	7:22	4.3	7:44	3.7	1:01	-1.0	1:41	-0.9	6:51	5:44	
17	Sun	8:11	4.3	8:34	3.9	1:52	-1.1	2:27	-1.0	6:50	5:45	
18	Mon	9:00	4.2	9:27	3.9	2:44	-1.0	3:15	-1.0	6:49	5:46	
19	Tue	9:51	4.0	10:21	3.9	3:39	-0.9	4:07	-0.9	6:48	5:47	
20	Wed	10:43	3.7	11:15	3.8	4:39	-0.6	4:59	-0.7	6:46	5:48	
21	Thu	11:35	3.3			5:39	-0.4	5:54	-0.5	6:45	5:49	
22	Fri	12:11	3.7	12:33	3.0	6:44	-0.1	6:52	-0.3	6:44	5:50	
23	Sat	1:18	3.5	1:43	2.8	7:55	0.1	7:56	-0.1	6:43	5:51	
24	Sun	2:35	3.4	3:00	2.7	9:06	0.2	9:02	0.0	6:41	5:52	
25	Mon	3:43	3.3	4:05	2.7	10:09	0.2	10:03	0.0	6:40	5:53	
26	Tue	4:41	3.4	5:01	2.8	11:08	0.1	11:01	0.0	6:39	5:54	
27	Wed	5:32	3.4	5:51	2.9	11:59	0.1	11:54	-0.1	6:38	5:55	
28	Thu	6:17	3.4	6:33	3.0			12:40	0.0	6:36	5:56	
29	Fri	6:54	3.5	7:10	3.2	12:36	-0.1	1:13	-0.1	6:35	5:57	