

Virginia Beach (outer coast), VA - May 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:10	3.2	9:25	4.0	3:07	0.0	3:04	0.1	6:09	7:52	
2	Fri	9:47	3.2	10:03	3.9	3:44	0.0	3:41	0.2	6:08	7:53	
3	Sat	10:27	3.1	10:45	3.9	4:25	0.1	4:22	0.3	6:06	7:54	
4	Sun	11:10	3.1	11:29	3.8	5:11	0.1	5:10	0.3	6:05	7:55	
5	Mon	11:56	3.1			5:59	0.2	6:02	0.4	6:04	7:56	
6	Tue	12:17	3.7	12:47	3.1	6:51	0.2	6:59	0.4	6:03	7:57	
7	Wed	1:10	3.7	1:44	3.1	7:46	0.2	8:02	0.4	6:02	7:57	
8	Thu	2:11	3.6	2:53	3.3	8:45	0.1	9:10	0.3	6:01	7:58	
9	Fri	3:20	3.6	4:01	3.6	9:45	0.0	10:17	0.1	6:00	7:59	
10	Sat	4:26	3.6	5:02	3.9	10:41	-0.2	11:21	-0.1	5:59	8:00	
11	Sun	5:27	3.7	6:00	4.2	11:37	-0.3			5:59	8:01	
12	Mon	6:26	3.7	6:55	4.5	12:24	-0.3	12:32	-0.5	5:58	8:02	
13	Tue	7:23	3.8	7:47	4.7	1:23	-0.5	1:25	-0.6	5:57	8:03	
14	Wed	8:15	3.8	8:37	4.7	2:16	-0.7	2:15	-0.6	5:56	8:03	
15	Thu	9:05	3.7	9:25	4.6	3:05	-0.7	3:02	-0.5	5:55	8:04	
16	Fri	9:56	3.6	10:14	4.4	3:55	-0.6	3:50	-0.3	5:54	8:05	
17	Sat	10:48	3.5	11:04	4.2	4:47	-0.4	4:42	-0.1	5:54	8:06	
18	Sun	11:40	3.3	11:53	3.8	5:40	-0.1	5:38	0.2	5:53	8:07	
19	Mon			12:30	3.2	6:32	0.1	6:34	0.4	5:52	8:07	
20	Tue	12:42	3.5	1:23	3.1	7:24	0.3	7:31	0.6	5:51	8:08	
21	Wed	1:32	3.2	2:25	3.0	8:16	0.4	8:34	0.7	5:51	8:09	
22	Thu	2:32	3.0	3:30	3.0	9:08	0.5	9:36	0.8	5:50	8:10	
23	Fri	3:36	2.9	4:23	3.2	9:54	0.5	10:30	0.7	5:50	8:11	
24	Sat	4:30	2.9	5:08	3.3	10:35	0.5	11:19	0.6	5:49	8:11	
25	Sun	5:17	2.9	5:49	3.5	11:16	0.4			5:48	8:12	
26	Mon	6:03	2.9	6:29	3.7	12:07	0.5	11:57 AM	0.3	5:48	8:13	
27	Tue	6:46	3.0	7:08	3.8	12:52	0.3	12:39	0.3	5:47	8:14	
28	Wed	7:28	3.0	7:45	4.0	1:32	0.2	1:19	0.2	5:47	8:14	
29	Thu	8:07	3.1	8:22	4.1	2:09	0.0	1:58	0.1	5:47	8:15	
30	Fri	8:45	3.1	9:00	4.1	2:46	-0.1	2:37	0.1	5:46	8:16	
31	Sat	9:25	3.1	9:41	4.1	3:24	-0.1	3:17	0.1	5:46	8:16	