

Virginia Beach (outer coast), VA - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:39	3.4	10:56	4.1	4:34	-0.3	4:39	0.0	5:48	8:27	
2	Wed	11:31	3.5	11:46	4.0	5:24	-0.3	5:37	0.1	5:48	8:26	
3	Thu			12:23	3.6	6:14	-0.3	6:36	0.1	5:49	8:26	
4	Fri	12:38	3.8	1:18	3.7	7:06	-0.3	7:39	0.2	5:49	8:26	
5	Sat	1:33	3.5	2:21	3.8	8:00	-0.2	8:47	0.2	5:50	8:26	
6	Sun	2:37	3.3	3:29	3.9	8:58	-0.2	9:55	0.2	5:51	8:26	
7	Mon	3:47	3.2	4:32	4.1	9:55	-0.2	11:00	0.1	5:51	8:26	
8	Tue	4:52	3.2	5:30	4.2	10:52	-0.2			5:52	8:25	
9	Wed	5:53	3.2	6:26	4.3	12:03	0.0	11:49 AM	-0.1	5:52	8:25	
10	Thu	6:52	3.2	7:18	4.3	1:03	-0.1	12:47	-0.1	5:53	8:25	
11	Fri	7:46	3.3	8:06	4.3	1:54	-0.2	1:40	-0.1	5:54	8:24	
12	Sat	8:33	3.4	8:49	4.2	2:38	-0.2	2:26	-0.1	5:54	8:24	
13	Sun	9:18	3.4	9:31	4.1	3:19	-0.2	3:10	0.0	5:55	8:23	
14	Mon	10:02	3.4	10:12	3.9	3:59	-0.1	3:53	0.2	5:55	8:23	
15	Tue	10:47	3.4	10:52	3.7	4:39	0.0	4:39	0.4	5:56	8:22	
16	Wed	11:30	3.3	11:32	3.5	5:20	0.1	5:26	0.5	5:57	8:22	
17	Thu			12:11	3.3	5:59	0.2	6:13	0.7	5:58	8:21	
18	Fri	12:11	3.3	12:52	3.3	6:37	0.3	7:01	0.8	5:58	8:21	
19	Sat	12:51	3.1	1:36	3.3	7:17	0.4	7:52	0.9	5:59	8:20	
20	Sun	1:36	2.9	2:27	3.3	8:00	0.5	8:47	0.9	6:00	8:20	
21	Mon	2:29	2.8	3:23	3.4	8:47	0.6	9:43	0.8	6:01	8:19	
22	Tue	3:30	2.7	4:15	3.6	9:36	0.5	10:36	0.7	6:01	8:18	
23	Wed	4:27	2.7	5:04	3.7	10:26	0.5	11:28	0.6	6:02	8:18	
24	Thu	5:20	2.8	5:52	4.0	11:17	0.4			6:03	8:17	
25	Fri	6:13	3.0	6:42	4.2	12:21	0.4	12:10	0.2	6:04	8:16	
26	Sat	7:05	3.2	7:30	4.4	1:11	0.1	1:03	0.1	6:04	8:15	
27	Sun	7:54	3.4	8:16	4.5	1:56	-0.1	1:53	-0.1	6:05	8:15	
28	Mon	8:41	3.6	9:02	4.5	2:40	-0.3	2:42	-0.2	6:06	8:14	
29	Tue	9:30	3.8	9:50	4.5	3:24	-0.4	3:31	-0.2	6:07	8:13	
30	Wed	10:21	4.0	10:40	4.3	4:11	-0.4	4:26	-0.1	6:08	8:12	
31	Thu	11:14	4.1	11:31	4.1	5:01	-0.4	5:24	0.0	6:08	8:11	