

## Virginia Beach (outer coast), VA - Sep 1980

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Mon | 1:03  | 3.7 | 1:43  | 4.4 | 7:18  | 0.2  | 8:23  | 0.6  | 6:35                                                                                | 7:32 |    |
| 2    | Tue | 2:07  | 3.5 | 2:54  | 4.3 | 8:20  | 0.4  | 9:34  | 0.7  | 6:35                                                                                | 7:30 |    |
| 3    | Wed | 3:25  | 3.4 | 4:05  | 4.2 | 9:26  | 0.6  | 10:38 | 0.7  | 6:36                                                                                | 7:29 |    |
| 4    | Thu | 4:35  | 3.4 | 5:06  | 4.2 | 10:29 | 0.6  | 11:37 | 0.7  | 6:37                                                                                | 7:27 |    |
| 5    | Fri | 5:35  | 3.5 | 6:01  | 4.2 | 11:29 | 0.6  |       |      | 6:38                                                                                | 7:26 |    |
| 6    | Sat | 6:28  | 3.6 | 6:49  | 4.2 | 12:31 | 0.6  | 12:26 | 0.6  | 6:39                                                                                | 7:25 |    |
| 7    | Sun | 7:15  | 3.8 | 7:31  | 4.2 | 1:17  | 0.5  | 1:16  | 0.6  | 6:39                                                                                | 7:23 |    |
| 8    | Mon | 7:55  | 3.9 | 8:07  | 4.2 | 1:54  | 0.5  | 1:57  | 0.6  | 6:40                                                                                | 7:22 |    |
| 9    | Tue | 8:31  | 4.0 | 8:41  | 4.1 | 2:25  | 0.4  | 2:32  | 0.6  | 6:41                                                                                | 7:20 |    |
| 10   | Wed | 9:05  | 4.0 | 9:13  | 4.0 | 2:54  | 0.4  | 3:06  | 0.6  | 6:42                                                                                | 7:19 |    |
| 11   | Thu | 9:39  | 4.1 | 9:47  | 3.9 | 3:23  | 0.5  | 3:41  | 0.7  | 6:43                                                                                | 7:17 |    |
| 12   | Fri | 10:15 | 4.1 | 10:24 | 3.7 | 3:54  | 0.6  | 4:19  | 0.8  | 6:43                                                                                | 7:16 |    |
| 13   | Sat | 10:52 | 4.0 | 11:02 | 3.6 | 4:29  | 0.7  | 5:01  | 0.9  | 6:44                                                                                | 7:14 |   |
| 14   | Sun | 11:30 | 4.0 | 11:41 | 3.4 | 5:08  | 0.8  | 5:46  | 1.0  | 6:45                                                                                | 7:13 |  |
| 15   | Mon |       |     | 12:10 | 3.9 | 5:49  | 0.9  | 6:33  | 1.1  | 6:46                                                                                | 7:11 |  |
| 16   | Tue | 12:22 | 3.3 | 12:53 | 3.9 | 6:33  | 1.0  | 7:24  | 1.1  | 6:47                                                                                | 7:09 |  |
| 17   | Wed | 1:08  | 3.2 | 1:43  | 3.9 | 7:22  | 1.0  | 8:20  | 1.1  | 6:47                                                                                | 7:08 |  |
| 18   | Thu | 2:04  | 3.2 | 2:44  | 4.0 | 8:19  | 1.0  | 9:19  | 1.0  | 6:48                                                                                | 7:06 |  |
| 19   | Fri | 3:11  | 3.2 | 3:48  | 4.1 | 9:21  | 0.9  | 10:16 | 0.8  | 6:49                                                                                | 7:05 |  |
| 20   | Sat | 4:16  | 3.4 | 4:47  | 4.3 | 10:21 | 0.8  | 11:11 | 0.6  | 6:50                                                                                | 7:03 |  |
| 21   | Sun | 5:15  | 3.7 | 5:43  | 4.5 | 11:21 | 0.5  |       |      | 6:51                                                                                | 7:02 |  |
| 22   | Mon | 6:12  | 4.1 | 6:38  | 4.7 | 12:05 | 0.3  | 12:21 | 0.3  | 6:52                                                                                | 7:00 |  |
| 23   | Tue | 7:06  | 4.5 | 7:30  | 4.8 | 12:57 | 0.1  | 1:18  | 0.0  | 6:52                                                                                | 6:59 |  |
| 24   | Wed | 7:58  | 4.8 | 8:20  | 4.8 | 1:46  | -0.2 | 2:12  | -0.1 | 6:53                                                                                | 6:57 |  |
| 25   | Thu | 8:48  | 5.0 | 9:10  | 4.7 | 2:33  | -0.3 | 3:03  | -0.2 | 6:54                                                                                | 6:56 |  |
| 26   | Fri | 9:38  | 5.1 | 10:01 | 4.5 | 3:19  | -0.3 | 3:57  | -0.1 | 6:55                                                                                | 6:54 |  |
| 27   | Sat | 10:31 | 5.1 | 10:55 | 4.3 | 4:08  | -0.2 | 4:55  | 0.1  | 6:56                                                                                | 6:53 |  |
| 28   | Sun | 11:26 | 5.0 | 11:51 | 4.0 | 5:01  | 0.0  | 5:56  | 0.3  | 6:56                                                                                | 6:51 |  |
| 29   | Mon |       |     | 12:21 | 4.7 | 5:58  | 0.3  | 6:59  | 0.5  | 6:57                                                                                | 6:50 |  |
| 30   | Tue | 12:47 | 3.8 | 1:20  | 4.5 | 6:57  | 0.5  | 8:05  | 0.7  | 6:58                                                                                | 6:48 |  |