

Virginia Beach (outer coast), VA - Dec 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:14	3.2	3:17	3.0	9:18	0.8	9:30	0.5	6:58	4:47	
2	Tue	4:01	3.4	4:04	3.0	10:09	0.8	10:09	0.4	6:59	4:47	
3	Wed	4:42	3.5	4:48	3.0	10:57	0.6	10:48	0.4	7:00	4:47	
4	Thu	5:22	3.7	5:31	3.0	11:42	0.5	11:28	0.3	7:01	4:47	
5	Fri	6:00	3.8	6:12	3.0			12:22	0.3	7:02	4:47	
6	Sat	6:36	4.0	6:50	3.1	12:07	0.2	12:58	0.2	7:02	4:47	
7	Sun	7:12	4.0	7:27	3.1	12:44	0.1	1:32	0.1	7:03	4:47	
8	Mon	7:47	4.1	8:04	3.1	1:21	0.1	2:08	0.0	7:04	4:47	
9	Tue	8:25	4.1	8:45	3.0	1:58	0.1	2:47	0.0	7:05	4:47	
10	Wed	9:05	4.0	9:28	3.0	2:39	0.1	3:30	0.0	7:06	4:47	
11	Thu	9:49	3.9	10:16	3.0	3:24	0.2	4:17	0.0	7:06	4:47	
12	Fri	10:35	3.8	11:05	3.1	4:16	0.2	5:07	0.0	7:07	4:48	
13	Sat	11:23	3.7	11:59	3.2	5:12	0.3	5:57	0.0	7:08	4:48	
14	Sun			12:16	3.6	6:12	0.3	6:51	-0.1	7:09	4:48	
15	Mon	12:59	3.3	1:17	3.4	7:18	0.3	7:48	-0.2	7:09	4:48	
16	Tue	2:08	3.5	2:25	3.3	8:27	0.2	8:45	-0.3	7:10	4:49	
17	Wed	3:13	3.8	3:30	3.3	9:33	0.0	9:41	-0.4	7:10	4:49	
18	Thu	4:13	4.1	4:31	3.3	10:37	-0.1	10:37	-0.6	7:11	4:49	
19	Fri	5:10	4.3	5:31	3.4	11:39	-0.3	11:34	-0.7	7:12	4:50	
20	Sat	6:05	4.5	6:28	3.4			12:36	-0.5	7:12	4:50	
21	Sun	6:57	4.6	7:20	3.4	12:28	-0.7	1:27	-0.6	7:13	4:51	
22	Mon	7:45	4.5	8:09	3.4	1:18	-0.7	2:14	-0.6	7:13	4:51	
23	Tue	8:33	4.4	8:59	3.3	2:06	-0.6	3:02	-0.5	7:14	4:52	
24	Wed	9:20	4.1	9:50	3.2	2:54	-0.4	3:51	-0.4	7:14	4:52	
25	Thu	10:07	3.8	10:40	3.1	3:45	-0.2	4:40	-0.2	7:14	4:53	
26	Fri	10:52	3.5	11:28	3.0	4:39	0.1	5:28	-0.1	7:15	4:54	
27	Sat	11:35	3.2			5:32	0.3	6:13	0.1	7:15	4:54	
28	Sun	12:18	2.9	12:20	3.0	6:26	0.5	6:59	0.2	7:15	4:55	
29	Mon	1:14	2.9	1:12	2.7	7:25	0.6	7:46	0.2	7:16	4:56	
30	Tue	2:17	2.9	2:13	2.6	8:26	0.6	8:33	0.3	7:16	4:56	
31	Wed	3:12	3.0	3:12	2.5	9:21	0.6	9:19	0.2	7:16	4:57	