

Virginia Beach (outer coast), VA - Jan 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:00	3.2	4:04	2.5	10:15	0.5	10:02	0.2	7:16	4:58	
2	Fri	4:43	3.3	4:52	2.5	11:05	0.3	10:47	0.1	7:16	4:59	
3	Sat	5:26	3.5	5:39	2.6	11:51	0.2	11:32	-0.1	7:17	5:00	
4	Sun	6:08	3.7	6:22	2.7			12:33	0.0	7:17	5:00	
5	Mon	6:47	3.8	7:03	2.8	12:16	-0.2	1:11	-0.2	7:17	5:01	
6	Tue	7:26	3.9	7:43	2.9	12:58	-0.3	1:48	-0.3	7:17	5:02	
7	Wed	8:06	4.0	8:25	3.0	1:39	-0.4	2:28	-0.4	7:17	5:03	
8	Thu	8:47	4.0	9:10	3.0	2:22	-0.4	3:10	-0.4	7:17	5:04	
9	Fri	9:32	3.9	9:59	3.1	3:09	-0.3	3:56	-0.5	7:16	5:05	
10	Sat	10:19	3.7	10:49	3.2	4:02	-0.3	4:45	-0.5	7:16	5:06	
11	Sun	11:07	3.6	11:42	3.3	4:59	-0.2	5:35	-0.5	7:16	5:07	
12	Mon	11:58	3.3			5:58	-0.1	6:27	-0.5	7:16	5:08	
13	Tue	12:40	3.3	12:56	3.1	7:03	0.0	7:23	-0.4	7:16	5:09	
14	Wed	1:47	3.4	2:04	2.9	8:13	0.0	8:23	-0.5	7:16	5:10	
15	Thu	2:57	3.6	3:14	2.8	9:22	-0.1	9:22	-0.5	7:15	5:11	
16	Fri	4:00	3.8	4:19	2.9	10:28	-0.2	10:21	-0.5	7:15	5:12	
17	Sat	5:00	3.9	5:21	2.9	11:32	-0.3	11:21	-0.6	7:15	5:13	
18	Sun	5:56	4.0	6:18	3.0			12:29	-0.5	7:14	5:14	
19	Mon	6:48	4.1	7:09	3.1	12:17	-0.7	1:17	-0.6	7:14	5:15	
20	Tue	7:34	4.1	7:55	3.2	1:07	-0.7	2:00	-0.6	7:13	5:16	
21	Wed	8:17	3.9	8:40	3.2	1:53	-0.6	2:42	-0.5	7:13	5:17	
22	Thu	8:59	3.8	9:25	3.1	2:36	-0.5	3:23	-0.4	7:12	5:18	
23	Fri	9:40	3.5	10:10	3.0	3:21	-0.3	4:05	-0.3	7:12	5:19	
24	Sat	10:20	3.3	10:52	3.0	4:08	-0.1	4:46	-0.2	7:11	5:20	
25	Sun	10:58	3.0	11:34	2.9	4:55	0.1	5:25	-0.1	7:10	5:21	
26	Mon	11:38	2.8			5:43	0.3	6:05	0.1	7:10	5:22	
27	Tue	12:19	2.8	12:20	2.6	6:33	0.5	6:48	0.2	7:09	5:23	
28	Wed	1:10	2.8	1:12	2.4	7:29	0.5	7:36	0.2	7:08	5:24	
29	Thu	2:10	2.8	2:15	2.3	8:29	0.5	8:27	0.2	7:08	5:25	
30	Fri	3:08	2.9	3:16	2.3	9:25	0.5	9:17	0.2	7:07	5:27	
31	Sat	3:59	3.1	4:11	2.3	10:19	0.3	10:08	0.1	7:06	5:28	