
































## Virginia Beach (outer coast), VA - Jun 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:26	2.8	6:25	0.4	6:25	0.8	5:46	8:17	
2	Thu	12:35	3.3	1:12	2.8	7:09	0.5	7:16	0.9	5:45	8:17	
3	Fri	1:20	3.1	2:03	2.8	7:54	0.5	8:12	0.9	5:45	8:18	
4	Sat	2:12	3.0	3:02	3.0	8:41	0.5	9:12	0.8	5:45	8:18	
5	Sun	3:11	2.9	3:56	3.2	9:28	0.4	10:09	0.7	5:44	8:19	
6	Mon	4:07	2.9	4:44	3.5	10:14	0.3	11:03	0.5	5:44	8:20	
7	Tue	4:59	2.9	5:30	3.8	11:01	0.1	11:57	0.2	5:44	8:20	
8	Wed	5:51	3.0	6:18	4.1	11:49	0.0			5:44	8:21	
9	Thu	6:43	3.1	7:07	4.4	12:51	0.0	12:40	-0.2	5:44	8:21	
10	Fri	7:34	3.2	7:56	4.5	1:41	-0.3	1:30	-0.3	5:44	8:22	
11	Sat	8:24	3.3	8:45	4.6	2:29	-0.4	2:19	-0.4	5:44	8:22	
12	Sun	9:15	3.3	9:35	4.6	3:17	-0.5	3:09	-0.4	5:44	8:23	
13	Mon	10:09	3.4	10:29	4.5	4:08	-0.5	4:03	-0.3	5:43	8:23	
14	Tue	11:05	3.4	11:25	4.3	5:04	-0.4	5:03	-0.2	5:43	8:24	
15	Wed			12:03	3.4	6:01	-0.3	6:06	0.0	5:44	8:24	
16	Thu	12:20	4.0	1:02	3.5	6:57	-0.3	7:12	0.1	5:44	8:24	
17	Fri	1:17	3.7	2:07	3.5	7:53	-0.2	8:22	0.2	5:44	8:25	
18	Sat	2:21	3.4	3:17	3.6	8:51	-0.1	9:33	0.3	5:44	8:25	
19	Sun	3:31	3.2	4:19	3.8	9:45	-0.1	10:39	0.2	5:44	8:25	
20	Mon	4:34	3.0	5:13	3.9	10:37	0.0	11:40	0.2	5:44	8:26	
21	Tue	5:30	2.9	6:03	4.0	11:26	0.0			5:44	8:26	
22	Wed	6:24	2.9	6:50	4.1	12:37	0.2	12:16	0.1	5:45	8:26	
23	Thu	7:13	2.9	7:33	4.1	1:27	0.1	1:03	0.1	5:45	8:26	
24	Fri	7:57	2.9	8:12	4.0	2:09	0.0	1:46	0.2	5:45	8:26	
25	Sat	8:37	3.0	8:49	4.0	2:45	0.0	2:24	0.2	5:45	8:26	
26	Sun	9:15	3.0	9:26	3.9	3:18	0.1	3:01	0.3	5:46	8:27	
27	Mon	9:54	3.0	10:04	3.7	3:53	0.1	3:39	0.4	5:46	8:27	
28	Tue	10:35	2.9	10:43	3.6	4:30	0.2	4:20	0.5	5:46	8:27	
29	Wed	11:16	2.9	11:22	3.5	5:10	0.2	5:05	0.6	5:47	8:27	
30	Thu	11:57	2.9			5:50	0.3	5:53	0.7	5:47	8:27	