

































## Virginia Beach (outer coast), VA - Jul 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:01	3.3	12:37	3.0	6:29	0.3	6:41	0.8	5:48	8:27	
2	Sat	12:41	3.2	1:20	3.1	7:09	0.3	7:33	0.8	5:48	8:27	
3	Sun	1:25	3.0	2:10	3.2	7:52	0.3	8:30	0.8	5:49	8:26	
4	Mon	2:18	2.9	3:05	3.4	8:39	0.3	9:29	0.7	5:49	8:26	
5	Tue	3:17	2.8	4:00	3.7	9:29	0.2	10:27	0.5	5:50	8:26	
6	Wed	4:17	2.8	4:53	4.0	10:20	0.1	11:24	0.3	5:50	8:26	
7	Thu	5:14	2.9	5:47	4.2	11:14	0.0			5:51	8:26	
8	Fri	6:12	3.1	6:42	4.5	12:23	0.0	12:10	-0.2	5:51	8:25	
9	Sat	7:10	3.2	7:36	4.7	1:19	-0.2	1:08	-0.3	5:52	8:25	
10	Sun	8:06	3.4	8:29	4.7	2:11	-0.4	2:03	-0.4	5:52	8:25	
11	Mon	8:59	3.5	9:22	4.7	3:01	-0.5	2:56	-0.5	5:53	8:25	
12	Tue	9:55	3.7	10:16	4.6	3:52	-0.5	3:52	-0.4	5:54	8:24	
13	Wed	10:52	3.7	11:10	4.3	4:45	-0.5	4:52	-0.3	5:54	8:24	
14	Thu	11:49	3.8			5:40	-0.4	5:55	-0.1	5:55	8:23	
15	Fri	12:04	4.0	12:45	3.8	6:33	-0.3	7:00	0.1	5:56	8:23	
16	Sat	12:57	3.7	1:44	3.9	7:26	-0.2	8:07	0.3	5:56	8:22	
17	Sun	1:55	3.3	2:50	3.9	8:20	0.0	9:17	0.4	5:57	8:22	
18	Mon	3:03	3.0	3:54	3.9	9:15	0.1	10:21	0.4	5:58	8:21	
19	Tue	4:10	2.9	4:49	3.9	10:08	0.2	11:21	0.5	5:59	8:21	
20	Wed	5:08	2.8	5:40	3.9	10:59	0.3			5:59	8:20	
21	Thu	6:02	2.8	6:28	3.9	12:18	0.4	11:50 AM	0.4	6:00	8:19	
22	Fri	6:53	2.9	7:13	3.9	1:08	0.4	12:41	0.4	6:01	8:19	
23	Sat	7:37	3.0	7:52	3.9	1:50	0.3	1:26	0.4	6:01	8:18	
24	Sun	8:17	3.0	8:29	3.9	2:24	0.3	2:05	0.4	6:02	8:17	
25	Mon	8:53	3.1	9:03	3.9	2:55	0.2	2:41	0.4	6:03	8:17	
26	Tue	9:30	3.2	9:38	3.8	3:26	0.2	3:17	0.5	6:04	8:16	
27	Wed	10:07	3.2	10:15	3.7	3:59	0.2	3:55	0.6	6:05	8:15	
28	Thu	10:45	3.2	10:52	3.6	4:34	0.3	4:37	0.6	6:05	8:14	
29	Fri	11:24	3.3	11:29	3.5	5:11	0.3	5:23	0.7	6:06	8:13	
30	Sat			12:02	3.4	5:49	0.3	6:10	0.8	6:07	8:13	
31	Sun	12:08	3.3	12:42	3.5	6:28	0.4	7:00	0.8	6:08	8:12	