

































## Virginia Beach (outer coast), VA - Jan 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:17	3.9	6:35	2.8			12:51	-0.1	7:16	4:57	
2	Mon	7:00	3.9	7:17	2.8	12:30	-0.2	1:30	-0.2	7:16	4:58	
3	Tue	7:39	3.8	7:56	2.8	1:11	-0.2	2:06	-0.1	7:16	4:59	
4	Wed	8:16	3.7	8:35	2.8	1:49	-0.1	2:41	-0.1	7:17	5:00	
5	Thu	8:53	3.6	9:15	2.7	2:26	0.0	3:17	0.0	7:17	5:01	
6	Fri	9:31	3.5	9:57	2.7	3:05	0.1	3:56	0.0	7:17	5:01	
7	Sat	10:09	3.3	10:38	2.7	3:47	0.3	4:35	0.1	7:17	5:02	
8	Sun	10:47	3.1	11:19	2.7	4:33	0.4	5:14	0.1	7:17	5:03	
9	Mon	11:25	2.9			5:21	0.5	5:53	0.1	7:17	5:04	
10	Tue	12:01	2.7	12:07	2.7	6:11	0.6	6:34	0.2	7:16	5:05	
11	Wed	12:49	2.8	12:55	2.5	7:07	0.6	7:20	0.2	7:16	5:06	
12	Thu	1:45	2.9	1:54	2.4	8:08	0.5	8:10	0.1	7:16	5:07	
13	Fri	2:43	3.1	2:56	2.4	9:08	0.4	9:01	0.0	7:16	5:08	
14	Sat	3:38	3.4	3:53	2.5	10:05	0.2	9:54	-0.2	7:16	5:09	
15	Sun	4:31	3.6	4:50	2.6	11:03	0.0	10:49	-0.4	7:15	5:10	
16	Mon	5:24	3.9	5:46	2.8	11:59	-0.3	11:45	-0.6	7:15	5:11	
17	Tue	6:18	4.1	6:40	2.9			12:50	-0.5	7:15	5:12	
18	Wed	7:09	4.3	7:31	3.1	12:39	-0.8	1:38	-0.7	7:14	5:13	
19	Thu	7:58	4.4	8:23	3.3	1:30	-0.9	2:25	-0.8	7:14	5:14	
20	Fri	8:48	4.3	9:16	3.4	2:22	-0.9	3:14	-0.8	7:14	5:15	
21	Sat	9:39	4.1	10:12	3.5	3:17	-0.8	4:06	-0.8	7:13	5:16	
22	Sun	10:31	3.8	11:07	3.5	4:17	-0.6	4:58	-0.7	7:13	5:17	
23	Mon	11:22	3.5			5:19	-0.4	5:50	-0.6	7:12	5:18	
24	Tue	12:03	3.5	12:16	3.1	6:23	-0.2	6:43	-0.5	7:12	5:19	
25	Wed	1:06	3.4	1:18	2.8	7:33	0.0	7:41	-0.3	7:11	5:20	
26	Thu	2:17	3.4	2:31	2.5	8:45	0.1	8:40	-0.2	7:10	5:21	
27	Fri	3:23	3.4	3:39	2.4	9:51	0.1	9:37	-0.1	7:10	5:23	
28	Sat	4:21	3.5	4:39	2.4	10:53	0.1	10:34	-0.1	7:09	5:24	
29	Sun	5:15	3.5	5:34	2.5	11:50	0.1	11:30	-0.1	7:08	5:25	
30	Mon	6:04	3.5	6:21	2.6			12:36	0.0	7:08	5:26	
31	Tue	6:46	3.5	7:02	2.7	12:18	-0.2	1:14	-0.1	7:07	5:27	