

































Virginia Beach (outer coast), VA - Mar 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:02	3.4	7:17	3.0	12:44	0.0	1:18	0.0	6:33	5:58	
2	Fri	7:34	3.5	7:49	3.1	1:17	-0.1	1:45	-0.1	6:32	5:59	
3	Sat	8:04	3.4	8:21	3.2	1:49	-0.1	2:12	-0.1	6:31	6:00	
4	Sun	8:36	3.4	8:54	3.3	2:22	-0.1	2:41	-0.1	6:29	6:01	
5	Mon	9:09	3.2	9:28	3.3	2:58	0.0	3:13	-0.1	6:28	6:02	
6	Tue	9:44	3.1	10:05	3.3	3:37	0.1	3:48	0.0	6:27	6:03	
7	Wed	10:21	2.9	10:43	3.3	4:20	0.2	4:26	0.1	6:25	6:04	
8	Thu	11:00	2.8	11:26	3.3	5:06	0.3	5:09	0.2	6:24	6:04	
9	Fri	11:44	2.6			5:56	0.4	5:56	0.2	6:22	6:05	
10	Sat	12:15	3.3	12:37	2.5	6:53	0.4	6:53	0.2	6:21	6:06	
11	Sun	1:16	3.3	1:44	2.5	7:59	0.4	7:58	0.2	6:19	6:07	
12	Mon	2:28	3.4	2:58	2.6	9:05	0.3	9:04	0.0	6:18	6:08	
13	Tue	3:37	3.6	4:05	2.9	10:08	0.1	10:09	-0.2	6:16	6:09	
14	Wed	4:40	3.9	5:07	3.2	11:08	-0.1	11:13	-0.5	6:15	6:10	
15	Thu	5:40	4.1	6:05	3.6			12:04	-0.4	6:14	6:11	
16	Fri	6:34	4.2	6:58	4.0	12:14	-0.7	12:53	-0.7	6:12	6:12	
17	Sat	7:24	4.3	7:48	4.2	1:09	-0.9	1:38	-0.8	6:11	6:13	
18	Sun	8:12	4.2	8:37	4.4	2:00	-0.9	2:22	-0.8	6:09	6:14	
19	Mon	9:00	3.9	9:27	4.4	2:52	-0.8	3:08	-0.7	6:08	6:14	
20	Tue	9:50	3.7	10:18	4.2	3:47	-0.6	3:57	-0.5	6:06	6:15	
21	Wed	10:40	3.3	11:09	4.0	4:43	-0.3	4:48	-0.2	6:05	6:16	
22	Thu	11:30	3.0			5:41	0.0	5:41	0.1	6:03	6:17	
23	Fri	12:01	3.7	12:24	2.8	6:41	0.2	6:39	0.3	6:02	6:18	
24	Sat	1:04	3.4	1:35	2.6	7:49	0.5	7:47	0.5	6:00	6:19	
25	Sun	2:21	3.2	2:57	2.6	8:56	0.6	8:57	0.6	5:59	6:20	
26	Mon	3:30	3.1	3:59	2.6	9:55	0.6	9:58	0.5	5:57	6:21	
27	Tue	4:26	3.2	4:50	2.8	10:47	0.5	10:53	0.5	5:56	6:22	
28	Wed	5:13	3.2	5:34	3.0	11:32	0.4	11:42	0.3	5:54	6:22	
29	Thu	5:55	3.3	6:13	3.2			12:09	0.3	5:53	6:23	
30	Fri	6:32	3.4	6:47	3.4	12:22	0.2	12:39	0.2	5:51	6:24	
31	Sat	7:05	3.4	7:19	3.5	12:57	0.1	1:07	0.1	5:50	6:25	