

































## Virginia Beach (outer coast), VA - Jan 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:47	3.5	11:24	3.0	4:35	0.1	5:19	-0.1	7:16	4:58	
2	Thu	11:32	3.3			5:31	0.2	6:05	-0.2	7:16	4:59	
3	Fri	12:16	3.2	12:23	3.1	6:32	0.2	6:55	-0.2	7:17	4:59	
4	Sat	1:15	3.3	1:24	2.9	7:38	0.2	7:51	-0.3	7:17	5:00	
5	Sun	2:22	3.5	2:33	2.7	8:47	0.1	8:48	-0.4	7:17	5:01	
6	Mon	3:25	3.8	3:40	2.7	9:53	0.0	9:47	-0.4	7:17	5:02	
7	Tue	4:26	4.0	4:44	2.8	10:58	-0.2	10:47	-0.5	7:17	5:03	
8	Wed	5:26	4.2	5:47	2.9			12:01	-0.4	7:17	5:04	
9	Thu	6:23	4.3	6:45	3.0			12:56	-0.5	7:16	5:05	
10	Fri	7:16	4.3	7:38	3.1	12:45	-0.7	1:45	-0.6	7:16	5:06	
11	Sat	8:06	4.3	8:28	3.1	1:37	-0.7	2:32	-0.6	7:16	5:07	
12	Sun	8:54	4.1	9:20	3.1	2:27	-0.6	3:20	-0.5	7:16	5:07	
13	Mon	9:42	3.8	10:11	3.1	3:19	-0.4	4:07	-0.4	7:16	5:08	
14	Tue	10:27	3.5	10:59	3.1	4:13	-0.2	4:53	-0.3	7:16	5:09	
15	Wed	11:10	3.2	11:46	3.0	5:08	0.1	5:36	-0.2	7:15	5:10	
16	Thu	11:52	2.9			6:02	0.3	6:17	0.0	7:15	5:11	
17	Fri	12:35	2.9	12:37	2.6	7:00	0.5	7:00	0.1	7:15	5:12	
18	Sat	1:31	2.9	1:33	2.3	8:02	0.6	7:47	0.2	7:14	5:14	
19	Sun	2:31	2.9	2:37	2.2	9:02	0.6	8:35	0.3	7:14	5:15	
20	Mon	3:25	3.0	3:36	2.2	9:57	0.5	9:24	0.3	7:13	5:16	
21	Tue	4:13	3.1	4:29	2.2	10:50	0.4	10:12	0.2	7:13	5:17	
22	Wed	5:00	3.2	5:19	2.3	11:40	0.3	11:02	0.1	7:12	5:18	
23	Thu	5:46	3.4	6:05	2.4			12:23	0.1	7:12	5:19	
24	Fri	6:28	3.5	6:46	2.5			12:59	0.0	7:11	5:20	
25	Sat	7:07	3.6	7:25	2.7	12:35	-0.2	1:33	-0.2	7:11	5:21	
26	Sun	7:44	3.7	8:04	2.8	1:16	-0.3	2:07	-0.3	7:10	5:22	
27	Mon	8:21	3.7	8:45	3.0	1:57	-0.4	2:43	-0.4	7:09	5:23	
28	Tue	9:00	3.7	9:28	3.1	2:40	-0.4	3:22	-0.4	7:09	5:24	
29	Wed	9:42	3.5	10:14	3.2	3:28	-0.3	4:04	-0.5	7:08	5:25	
30	Thu	10:26	3.4	11:02	3.4	4:21	-0.2	4:48	-0.5	7:07	5:26	
31	Fri	11:12	3.1	11:52	3.4	5:16	-0.1	5:35	-0.4	7:06	5:27	