

































Virginia Beach (outer coast), VA - Mar 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:56	3.1	11:31	3.8	5:03	-0.2	5:10	-0.4	6:34	5:57	
2	Sun	11:47	2.9			6:02	0.0	6:04	-0.2	6:33	5:58	
3	Mon	12:29	3.7	12:48	2.6	7:08	0.1	7:07	-0.1	6:31	5:59	
4	Tue	1:41	3.6	2:06	2.5	8:22	0.2	8:18	0.0	6:30	6:00	
5	Wed	3:01	3.5	3:28	2.6	9:33	0.2	9:30	0.0	6:29	6:01	
6	Thu	4:12	3.6	4:36	2.8	10:40	0.1	10:38	-0.1	6:27	6:02	
7	Fri	5:14	3.7	5:37	3.0	11:39	0.0	11:42	-0.2	6:26	6:03	
8	Sat	6:08	3.8	6:28	3.3			12:29	-0.2	6:24	6:04	
9	Sun	6:53	3.8	7:12	3.5	12:36	-0.4	1:09	-0.3	6:23	6:05	
10	Mon	7:33	3.7	7:52	3.6	1:22	-0.4	1:44	-0.4	6:22	6:06	
11	Tue	8:10	3.6	8:29	3.7	2:02	-0.4	2:17	-0.3	6:20	6:07	
12	Wed	8:46	3.5	9:06	3.6	2:40	-0.2	2:49	-0.2	6:19	6:08	
13	Thu	9:22	3.3	9:42	3.6	3:19	-0.1	3:22	-0.1	6:17	6:09	
14	Fri	9:59	3.0	10:19	3.4	4:00	0.1	3:58	0.1	6:16	6:10	
15	Sat	10:37	2.8	10:57	3.3	4:41	0.3	4:37	0.3	6:14	6:10	
16	Sun	11:16	2.6	11:37	3.2	5:25	0.5	5:18	0.5	6:13	6:11	
17	Mon	11:58	2.5			6:12	0.6	6:04	0.6	6:11	6:12	
18	Tue	12:24	3.0	12:49	2.3	7:06	0.7	6:58	0.7	6:10	6:13	
19	Wed	1:24	2.9	1:58	2.3	8:10	0.8	8:00	0.7	6:08	6:14	
20	Thu	2:37	3.0	3:08	2.4	9:11	0.7	9:01	0.6	6:07	6:15	
21	Fri	3:39	3.1	4:05	2.6	10:05	0.6	9:59	0.4	6:05	6:16	
22	Sat	4:32	3.3	4:56	2.9	10:54	0.4	10:55	0.1	6:04	6:17	
23	Sun	5:21	3.5	5:44	3.2	11:40	0.1	11:49	-0.1	6:02	6:18	
24	Mon	6:07	3.7	6:29	3.6			12:22	-0.2	6:01	6:18	
25	Tue	6:50	3.8	7:12	4.0	12:39	-0.4	1:02	-0.4	5:59	6:19	
26	Wed	7:33	3.8	7:56	4.2	1:25	-0.5	1:41	-0.5	5:58	6:20	
27	Thu	8:16	3.7	8:41	4.4	2:12	-0.6	2:22	-0.6	5:57	6:21	
28	Fri	9:03	3.6	9:30	4.4	3:01	-0.6	3:06	-0.5	5:55	6:22	
29	Sat	9:52	3.4	10:21	4.3	3:54	-0.4	3:56	-0.3	5:54	6:23	
30	Sun	10:44	3.2	11:15	4.1	4:51	-0.2	4:51	-0.2	5:52	6:24	
31	Mon	11:39	3.0			5:52	0.0	5:51	0.0	5:51	6:25	