
































Virginia Beach (outer coast), VA - Jun 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:01	3.0	4:42	3.5	10:08	0.2	11:03	0.5	5:46	8:17	
2	Mon	4:54	2.9	5:29	3.6	10:51	0.3	11:58	0.4	5:45	8:17	
3	Tue	5:43	2.8	6:11	3.7	11:32	0.3			5:45	8:18	
4	Wed	6:29	2.8	6:50	3.8	12:49	0.4	12:14	0.3	5:45	8:19	
5	Thu	7:12	2.8	7:27	3.9	1:31	0.3	12:54	0.3	5:44	8:19	
6	Fri	7:52	2.8	8:02	3.9	2:06	0.2	1:33	0.3	5:44	8:20	
7	Sat	8:29	2.8	8:36	3.9	2:38	0.2	2:09	0.3	5:44	8:20	
8	Sun	9:05	2.8	9:12	3.8	3:09	0.2	2:45	0.4	5:44	8:21	
9	Mon	9:43	2.8	9:49	3.7	3:43	0.2	3:22	0.4	5:44	8:21	
10	Tue	10:23	2.8	10:29	3.7	4:21	0.2	4:03	0.5	5:44	8:22	
11	Wed	11:04	2.8	11:10	3.6	5:02	0.3	4:48	0.6	5:44	8:22	
12	Thu	11:46	2.8	11:51	3.5	5:44	0.3	5:38	0.6	5:44	8:23	
13	Fri			12:30	2.9	6:27	0.3	6:31	0.6	5:43	8:23	
14	Sat	12:35	3.4	1:18	3.1	7:10	0.2	7:27	0.6	5:44	8:24	
15	Sun	1:23	3.2	2:12	3.3	7:57	0.2	8:29	0.5	5:44	8:24	
16	Mon	2:19	3.1	3:13	3.6	8:47	0.1	9:33	0.4	5:44	8:24	
17	Tue	3:22	3.0	4:11	3.9	9:40	0.0	10:35	0.2	5:44	8:25	
18	Wed	4:25	3.0	5:06	4.2	10:33	-0.2	11:37	0.0	5:44	8:25	
19	Thu	5:25	3.1	6:03	4.5	11:28	-0.3			5:44	8:25	
20	Fri	6:27	3.1	7:00	4.7	12:39	-0.2	12:27	-0.4	5:44	8:26	
21	Sat	7:27	3.2	7:56	4.8	1:37	-0.4	1:25	-0.4	5:44	8:26	
22	Sun	8:24	3.3	8:50	4.8	2:30	-0.5	2:20	-0.5	5:45	8:26	
23	Mon	9:19	3.4	9:44	4.6	3:22	-0.5	3:15	-0.4	5:45	8:26	
24	Tue	10:16	3.4	10:39	4.4	4:15	-0.5	4:12	-0.3	5:45	8:26	
25	Wed	11:14	3.4	11:33	4.1	5:10	-0.3	5:14	0.0	5:45	8:26	
26	Thu			12:09	3.4	6:04	-0.2	6:18	0.2	5:46	8:27	
27	Fri	12:24	3.7	1:05	3.4	6:55	-0.1	7:21	0.4	5:46	8:27	
28	Sat	1:15	3.4	2:03	3.4	7:44	0.1	8:28	0.5	5:47	8:27	
29	Sun	2:10	3.0	3:06	3.5	8:32	0.2	9:33	0.6	5:47	8:27	
30	Mon	3:12	2.8	4:02	3.5	9:19	0.3	10:31	0.6	5:47	8:27	