US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jul 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:11	2.6	4:50	3.6	10:03	0.4	11:25	0.6	5:48	8:27	
2	Wed	5:03	2.6	5:33	3.6	10:46	0.5			5:48	8:27	
3	Thu	5:52	2.6	6:15	3.7	12:17	0.6	11:30 AM	0.5	5:49	8:26	
4	Fri	6:41	2.6	6:57	3.7	1:03	0.5	12:17	0.5	5:49	8:26	
5	Sat	7:25	2.7	7:37	3.8	1:42	0.4	1:03	0.4	5:50	8:26	
6	Sun	8:06	2.8	8:15	3.9	2:16	0.3	1:45	0.4	5:50	8:26	
7	Mon	8:43	2.8	8:51	3.9	2:48	0.2	2:24	0.4	5:51	8:26	
8	Tue	9:21	2.9	9:28	3.9	3:21	0.2	3:02	0.4	5:51	8:25	
9	Wed	10:00	3.0	10:06	3.8	3:56	0.2	3:43	0.4	5:52	8:25	
10	Thu	10:41	3.0	10:45	3.7	4:34	0.2	4:28	0.4	5:53	8:25	
11	Fri	11:23	3.2	11:26	3.6	5:14	0.1	5:18	0.5	5:53	8:24	
12	Sat			12:06	3.3	5:55	0.1	6:11	0.5	5:54	8:24	
13	Sun	12:09	3.5	12:51	3.5	6:37	0.1	7:06	0.5	5:55	8:24	
14	Mon	12:55	3.3	1:42	3.7	7:22	0.0	8:07	0.5	5:55	8:23	
15	Tue	1:48	3.1	2:41	3.9	8:12	0.0	9:11	0.4	5:56	8:23	
16	Wed	2:52	3.0	3:44	4.1	9:09	0.0	10:16	0.3	5:57	8:22	
17	Thu	4:00	2.9	4:46	4.3	10:07	0.0	11:20	0.2	5:57	8:22	
18	Fri	5:06	3.0	5:46	4.5	11:07	-0.1			5:58	8:21	
19	Sat	6:11	3.1	6:47	4.6	12:24	0.0	12:10	-0.2	5:59	8:21	
20	Sun	7:14	3.3	7:45	4.7	1:25	-0.2	1:13	-0.3	5:59	8:20	
21	Mon	8:12	3.4	8:38	4.7	2:18	-0.3	2:11	-0.3	6:00	8:19	
22	Tue	9:06	3.6	9:29	4.5	3:06	-0.4	3:04	-0.3	6:01	8:19	
23	Wed	9:59	3.7	10:19	4.3	3:54	-0.3	3:59	-0.1	6:02	8:18	
24	Thu	10:52	3.7	11:07	4.0	4:43	-0.2	4:56	0.1	6:02	8:17	
25	Fri	11:43	3.7	11:53	3.7	5:30	-0.1	5:54	0.3	6:03	8:16	
26	Sat			12:31	3.7	6:15	0.0	6:51	0.5	6:04	8:16	
27	Sun	12:37	3.3	1:19	3.7	6:57	0.2	7:49	0.7	6:05	8:15	
28	Mon	1:23	3.0	2:11	3.6	7:40	0.4	8:51	0.8	6:06	8:14	
29	Tue	2:16	2.8	3:09	3.5	8:26	0.6	9:51	0.9	6:06	8:13	
30	Wed	3:21	2.6	4:04	3.5	9:15	0.7	10:45	0.9	6:07	8:12	
31	Thu	4:23	2.6	4:54	3.6	10:04	0.8	11:37	0.8	6:08	8:11	