




























Virginia Beach (outer coast), VA - Aug 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:17	2.6	5:41	3.7	10:53	0.8			6:09	8:11	
2	Sat	6:08	2.7	6:28	3.8	12:28	0.8	11:44 AM	0.7	6:10	8:10	
3	Sun	6:56	2.8	7:12	3.9	1:12	0.6	12:35	0.6	6:10	8:09	
4	Mon	7:39	3.0	7:51	4.0	1:49	0.5	1:21	0.5	6:11	8:08	
5	Tue	8:17	3.1	8:28	4.1	2:21	0.4	2:03	0.4	6:12	8:07	
6	Wed	8:55	3.3	9:04	4.1	2:53	0.3	2:43	0.4	6:13	8:06	
7	Thu	9:33	3.5	9:41	4.0	3:26	0.2	3:25	0.4	6:14	8:04	
8	Fri	10:13	3.6	10:20	3.9	4:01	0.1	4:10	0.4	6:15	8:03	
9	Sat	10:56	3.8	11:02	3.8	4:39	0.1	5:00	0.5	6:15	8:02	
10	Sun	11:40	3.9	11:46	3.6	5:21	0.1	5:53	0.5	6:16	8:01	
11	Mon			12:26	4.1	6:05	0.1	6:49	0.6	6:17	8:00	
12	Tue	12:33	3.4	1:17	4.1	6:53	0.2	7:49	0.6	6:18	7:59	
13	Wed	1:27	3.2	2:17	4.2	7:46	0.3	8:55	0.6	6:19	7:58	
14	Thu	2:32	3.0	3:26	4.2	8:47	0.3	10:03	0.6	6:20	7:57	
15	Fri	3:47	3.0	4:34	4.3	9:52	0.3	11:09	0.5	6:20	7:55	
16	Sat	4:57	3.1	5:38	4.5	10:58	0.3			6:21	7:54	
17	Sun	6:04	3.3	6:39	4.6	12:13	0.3	12:04	0.2	6:22	7:53	
18	Mon	7:07	3.6	7:35	4.6	1:12	0.2	1:08	0.1	6:23	7:52	
19	Tue	8:01	3.8	8:24	4.6	2:02	0.0	2:04	0.0	6:24	7:50	
20	Wed	8:50	4.0	9:09	4.5	2:46	-0.1	2:54	0.0	6:24	7:49	
21	Thu	9:37	4.1	9:53	4.3	3:27	-0.1	3:43	0.1	6:25	7:48	
22	Fri	10:23	4.1	10:36	4.0	4:07	0.0	4:33	0.3	6:26	7:46	
23	Sat	11:08	4.1	11:19	3.7	4:48	0.2	5:25	0.6	6:27	7:45	
24	Sun	11:51	4.0			5:29	0.4	6:15	0.8	6:28	7:44	
25	Mon	12:00	3.4	12:33	3.9	6:09	0.6	7:06	1.0	6:29	7:42	
26	Tue	12:42	3.1	1:16	3.8	6:50	0.8	8:00	1.1	6:29	7:41	
27	Wed	1:28	2.9	2:07	3.7	7:36	1.0	9:00	1.2	6:30	7:40	
28	Thu	2:28	2.8	3:11	3.6	8:28	1.1	10:00	1.2	6:31	7:38	
29	Fri	3:41	2.7	4:13	3.6	9:25	1.1	10:53	1.2	6:32	7:37	
30	Sat	4:43	2.8	5:06	3.7	10:20	1.1	11:44	1.1	6:33	7:35	
31	Sun	5:35	3.0	5:54	3.9	11:13	1.0			6:33	7:34	