
































## Virginia Beach (outer coast), VA - Sep 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:23	3.2	6:39	4.0	12:30	0.9	12:06	0.9	6:34	7:33	
2	Tue	7:07	3.4	7:20	4.2	1:10	0.7	12:56	0.7	6:35	7:31	
3	Wed	7:47	3.7	7:58	4.3	1:44	0.5	1:41	0.5	6:36	7:30	
4	Thu	8:25	3.9	8:36	4.3	2:17	0.3	2:24	0.4	6:37	7:28	
5	Fri	9:03	4.2	9:14	4.2	2:51	0.2	3:06	0.3	6:37	7:27	
6	Sat	9:44	4.3	9:55	4.1	3:26	0.1	3:52	0.4	6:38	7:25	
7	Sun	10:28	4.5	10:40	3.9	4:05	0.2	4:42	0.4	6:39	7:24	
8	Mon	11:15	4.6	11:27	3.7	4:49	0.2	5:37	0.5	6:40	7:22	
9	Tue			12:04	4.6	5:38	0.3	6:34	0.7	6:41	7:21	
10	Wed	12:18	3.5	12:57	4.5	6:31	0.5	7:36	0.8	6:41	7:19	
11	Thu	1:14	3.3	2:00	4.4	7:29	0.6	8:45	0.8	6:42	7:18	
12	Fri	2:23	3.2	3:16	4.3	8:37	0.7	9:56	0.8	6:43	7:16	
13	Sat	3:46	3.2	4:29	4.4	9:48	0.7	11:00	0.7	6:44	7:15	
14	Sun	4:59	3.4	5:32	4.4	10:57	0.6			6:45	7:13	
15	Mon	6:02	3.7	6:29	4.5	12:00	0.6	12:03	0.5	6:45	7:12	
16	Tue	6:58	4.0	7:20	4.5	12:54	0.4	1:04	0.4	6:46	7:10	
17	Wed	7:47	4.2	8:05	4.4	1:40	0.3	1:56	0.3	6:47	7:09	
18	Thu	8:30	4.4	8:46	4.3	2:19	0.2	2:42	0.3	6:48	7:07	
19	Fri	9:11	4.5	9:25	4.1	2:54	0.2	3:24	0.4	6:49	7:06	
20	Sat	9:50	4.5	10:04	3.9	3:29	0.3	4:07	0.6	6:50	7:04	
21	Sun	10:29	4.4	10:44	3.6	4:04	0.5	4:51	0.8	6:50	7:03	
22	Mon	11:09	4.3	11:25	3.4	4:41	0.7	5:37	0.9	6:51	7:01	
23	Tue	11:49	4.1			5:22	0.9	6:23	1.1	6:52	7:00	
24	Wed	12:07	3.2	12:30	3.9	6:05	1.1	7:12	1.3	6:53	6:58	
25	Thu	12:51	3.1	1:16	3.8	6:52	1.3	8:08	1.4	6:54	6:57	
26	Fri	1:44	2.9	2:14	3.7	7:45	1.4	9:10	1.4	6:54	6:55	
27	Sat	2:55	2.9	3:24	3.7	8:46	1.4	10:07	1.3	6:55	6:54	
28	Sun	4:05	3.0	4:23	3.8	9:47	1.3	10:54	1.2	6:56	6:52	
29	Mon	4:59	3.2	5:13	3.9	10:42	1.2	11:38	1.0	6:57	6:50	
30	Tue	5:45	3.5	5:58	4.1	11:36	1.0			6:58	6:49	