
































Virginia Beach (outer coast), VA - Nov 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:22	4.8	6:38	3.9			12:43	0.1	6:27	5:07	
2	Sun	7:07	5.0	7:25	3.9	12:43	-0.1	1:31	0.0	6:28	5:06	
3	Mon	7:54	5.1	8:13	3.8	1:27	-0.1	2:20	-0.1	6:29	5:05	
4	Tue	8:43	5.1	9:05	3.7	2:13	-0.1	3:12	0.0	6:30	5:04	
5	Wed	9:37	4.9	10:01	3.5	3:04	0.0	4:10	0.2	6:31	5:03	
6	Thu	10:34	4.7	11:01	3.4	4:02	0.2	5:11	0.3	6:32	5:02	
7	Fri	11:32	4.4			5:06	0.4	6:15	0.5	6:33	5:01	
8	Sat	12:04	3.3	12:37	4.2	6:14	0.6	7:22	0.5	6:34	5:00	
9	Sun	1:21	3.3	1:51	3.9	7:30	0.7	8:26	0.5	6:35	4:59	
10	Mon	2:42	3.5	3:02	3.8	8:46	0.7	9:21	0.4	6:36	4:58	
11	Tue	3:45	3.7	3:59	3.7	9:52	0.7	10:09	0.4	6:37	4:57	
12	Wed	4:37	3.9	4:49	3.6	10:53	0.6	10:54	0.3	6:38	4:57	
13	Thu	5:23	4.1	5:36	3.5	11:47	0.5	11:36	0.3	6:40	4:56	
14	Fri	6:05	4.3	6:18	3.4			12:34	0.4	6:41	4:55	
15	Sat	6:42	4.3	6:57	3.4	12:14	0.3	1:12	0.4	6:42	4:54	
16	Sun	7:17	4.3	7:33	3.3	12:49	0.3	1:46	0.4	6:43	4:54	
17	Mon	7:50	4.3	8:09	3.2	1:22	0.4	2:19	0.4	6:44	4:53	
18	Tue	8:24	4.2	8:46	3.1	1:56	0.4	2:53	0.5	6:45	4:52	
19	Wed	9:01	4.0	9:27	3.0	2:31	0.6	3:32	0.6	6:46	4:52	
20	Thu	9:41	3.9	10:10	2.9	3:10	0.7	4:15	0.7	6:47	4:51	
21	Fri	10:22	3.7	10:54	2.8	3:54	0.8	5:00	0.8	6:48	4:51	
22	Sat	11:05	3.6	11:39	2.8	4:43	0.9	5:46	0.8	6:49	4:50	
23	Sun	11:49	3.5			5:34	1.0	6:33	0.8	6:50	4:50	
24	Mon	12:30	2.8	12:38	3.4	6:30	1.0	7:22	0.7	6:51	4:49	
25	Tue	1:30	3.0	1:36	3.3	7:33	1.0	8:11	0.5	6:52	4:49	
26	Wed	2:31	3.2	2:36	3.3	8:35	0.8	8:59	0.3	6:53	4:49	
27	Thu	3:25	3.6	3:32	3.3	9:34	0.6	9:45	0.1	6:54	4:48	
28	Fri	4:14	4.0	4:25	3.3	10:32	0.3	10:34	-0.1	6:55	4:48	
29	Sat	5:04	4.4	5:19	3.4	11:29	0.0	11:25	-0.3	6:56	4:48	
30	Sun	5:55	4.7	6:14	3.4			12:24	-0.2	6:57	4:48	