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# Virginia Beach (outer coast), VA - Jan 1987

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | **8:18** | 4.6 | **8:42** | 3.3 | **1:47** | -0.8 | **2:45** | -0.7 | 7:16 | 4:58 | |
| 2 | Fri | **9:11** | 4.4 | **9:39** | 3.3 | **2:41** | -0.7 | **3:38** | -0.7 | 7:16 | 4:58 | |
| 3 | Sat | **10:04** | 4.1 | **10:36** | 3.3 | **3:40** | -0.5 | **4:32** | -0.6 | 7:16 | 4:59 | |
| 4 | Sun | **10:55** | 3.8 | **11:31** | 3.3 | **4:42** | -0.3 | **5:24** | -0.5 | 7:17 | 5:00 | |
| 5 | Mon | **11:45** | 3.4 | | | **5:45** | -0.1 | **6:14** | -0.3 | 7:17 | 5:01 | |
| 6 | Tue | **12:28** | 3.3 | **12:38** | 3.0 | **6:50** | 0.2 | **7:04** | -0.2 | 7:17 | 5:02 | |
| 7 | Wed | **1:32** | 3.2 | **1:39** | 2.6 | **8:00** | 0.3 | **7:56** | 0.0 | 7:17 | 5:03 | |
| 8 | Thu | **2:38** | 3.2 | **2:45** | 2.4 | **9:06** | 0.4 | **8:46** | 0.1 | 7:17 | 5:03 | |
| 9 | Fri | **3:34** | 3.3 | **3:43** | 2.3 | **10:04** | 0.4 | **9:34** | 0.1 | 7:17 | 5:04 | |
| 10 | Sat | **4:23** | 3.3 | **4:35** | 2.3 | **11:00** | 0.4 | **10:22** | 0.1 | 7:16 | 5:05 | |
| 11 | Sun | **5:09** | 3.3 | **5:25** | 2.4 | **11:51** | 0.3 | **11:10** | 0.1 | 7:16 | 5:06 | |
| 12 | Mon | **5:53** | 3.4 | **6:10** | 2.4 | | | **12:33** | 0.2 | 7:16 | 5:07 | |
| 13 | Tue | **6:33** | 3.5 | **6:50** | 2.5 | | | **1:08** | 0.1 | 7:16 | 5:08 | |
| 14 | Wed | **7:09** | 3.5 | **7:27** | 2.6 | **12:37** | 0.0 | **1:38** | 0.0 | 7:16 | 5:09 | |
| 15 | Thu | **7:43** | 3.5 | **8:03** | 2.6 | **1:14** | -0.1 | **2:09** | -0.1 | 7:15 | 5:10 | |
| 16 | Fri | **8:17** | 3.5 | **8:39** | 2.7 | **1:50** | -0.1 | **2:40** | -0.1 | 7:15 | 5:11 | |
| 17 | Sat | **8:51** | 3.5 | **9:17** | 2.7 | **2:26** | -0.1 | **3:14** | -0.1 | 7:15 | 5:12 | |
| 18 | Sun | **9:27** | 3.4 | **9:57** | 2.8 | **3:07** | 0.0 | **3:50** | -0.1 | 7:14 | 5:13 | |
| 19 | Mon | **10:04** | 3.2 | **10:37** | 2.9 | **3:51** | 0.1 | **4:27** | -0.1 | 7:14 | 5:14 | |
| 20 | Tue | **10:43** | 3.1 | **11:20** | 3.0 | **4:40** | 0.2 | **5:07** | -0.1 | 7:13 | 5:15 | |
| 21 | Wed | **11:25** | 2.9 | | | **5:32** | 0.2 | **5:50** | -0.2 | 7:13 | 5:16 | |
| 22 | Thu | **12:07** | 3.2 | **12:13** | 2.7 | **6:29** | 0.3 | **6:38** | -0.2 | 7:12 | 5:17 | |
| 23 | Fri | **1:02** | 3.3 | **1:12** | 2.5 | **7:32** | 0.2 | **7:34** | -0.2 | 7:12 | 5:19 | |
| 24 | Sat | **2:08** | 3.4 | **2:22** | 2.4 | **8:40** | 0.2 | **8:36** | -0.3 | 7:11 | 5:20 | |
| 25 | Sun | **3:15** | 3.6 | **3:32** | 2.5 | **9:46** | 0.0 | **9:38** | -0.4 | 7:11 | 5:21 | |
| 26 | Mon | **4:19** | 3.8 | **4:38** | 2.6 | **10:52** | -0.2 | **10:42** | -0.5 | 7:10 | 5:22 | |
| 27 | Tue | **5:22** | 4.1 | **5:43** | 2.9 | **11:55** | -0.4 | **11:46** | -0.7 | 7:09 | 5:23 | |
| 28 | Wed | **6:21** | 4.2 | **6:42** | 3.1 | | | **12:51** | -0.6 | 7:09 | 5:24 | |
| 29 | Thu | **7:15** | 4.3 | **7:36** | 3.3 | **12:46** | -0.9 | **1:40** | -0.8 | 7:08 | 5:25 | |
| 30 | Fri | **8:04** | 4.3 | **8:28** | 3.4 | **1:39** | -0.9 | **2:26** | -0.9 | 7:07 | 5:26 | |
| 31 | Sat | **8:53** | 4.1 | **9:19** | 3.5 | **2:31** | -0.9 | **3:12** | -0.8 | 7:07 | 5:27 | |