

































Virginia Beach (outer coast), VA - Jan 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:41	3.7	5:59	2.6			12:21	0.1	7:16	4:57	
2	Sat	6:26	3.7	6:44	2.7			1:03	0.0	7:16	4:58	
3	Sun	7:06	3.7	7:23	2.7	12:34	-0.1	1:39	0.0	7:16	4:59	
4	Mon	7:42	3.7	8:01	2.7	1:13	-0.1	2:11	0.0	7:17	5:00	
5	Tue	8:17	3.6	8:39	2.7	1:49	0.0	2:44	0.0	7:17	5:01	
6	Wed	8:52	3.5	9:18	2.7	2:25	0.0	3:18	0.0	7:17	5:01	
7	Thu	9:28	3.4	9:58	2.7	3:04	0.1	3:53	0.0	7:17	5:02	
8	Fri	10:04	3.2	10:38	2.7	3:46	0.3	4:30	0.1	7:17	5:03	
9	Sat	10:40	3.0	11:17	2.8	4:32	0.4	5:07	0.1	7:17	5:04	
10	Sun	11:18	2.8	11:59	2.8	5:20	0.5	5:44	0.1	7:16	5:05	
11	Mon	11:59	2.6			6:11	0.5	6:26	0.1	7:16	5:06	
12	Tue	12:46	2.9	12:48	2.5	7:08	0.5	7:13	0.1	7:16	5:07	
13	Wed	1:43	3.1	1:49	2.3	8:10	0.5	8:06	0.0	7:16	5:08	
14	Thu	2:44	3.3	2:55	2.3	9:12	0.3	9:03	-0.1	7:16	5:09	
15	Fri	3:43	3.5	3:57	2.4	10:12	0.1	10:00	-0.2	7:15	5:10	
16	Sat	4:40	3.8	4:57	2.6	11:13	-0.1	11:00	-0.5	7:15	5:11	
17	Sun	5:38	4.1	5:57	2.8			12:11	-0.4	7:15	5:12	
18	Mon	6:33	4.3	6:53	3.0			1:02	-0.6	7:14	5:13	
19	Tue	7:25	4.4	7:46	3.3	12:55	-0.9	1:50	-0.8	7:14	5:14	
20	Wed	8:15	4.4	8:39	3.4	1:48	-0.9	2:37	-0.9	7:14	5:15	
21	Thu	9:05	4.2	9:33	3.5	2:42	-0.9	3:26	-0.9	7:13	5:16	
22	Fri	9:56	4.0	10:28	3.6	3:39	-0.7	4:16	-0.8	7:13	5:17	
23	Sat	10:46	3.6	11:21	3.6	4:40	-0.5	5:07	-0.7	7:12	5:18	
24	Sun	11:36	3.2			5:42	-0.3	5:56	-0.5	7:11	5:19	
25	Mon	12:17	3.5	12:29	2.8	6:47	0.0	6:49	-0.3	7:11	5:20	
26	Tue	1:20	3.4	1:34	2.5	7:58	0.1	7:46	-0.1	7:10	5:21	
27	Wed	2:32	3.3	2:48	2.3	9:08	0.2	8:46	0.0	7:10	5:23	
28	Thu	3:37	3.3	3:54	2.3	10:11	0.3	9:44	0.1	7:09	5:24	
29	Fri	4:34	3.3	4:51	2.3	11:11	0.3	10:41	0.1	7:08	5:25	
30	Sat	5:26	3.3	5:43	2.4			12:04	0.2	7:07	5:26	
31	Sun	6:12	3.3	6:28	2.6			12:46	0.1	7:07	5:27	