

































## Virginia Beach (outer coast), VA - Aug 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:01	4.2	11:18	4.1	4:45	-0.4	5:13	-0.1	6:09	8:10	
2	Tue	11:55	4.3			5:35	-0.4	6:15	0.1	6:10	8:09	
3	Wed	12:09	3.8	12:48	4.3	6:25	-0.2	7:18	0.3	6:11	8:08	
4	Thu	1:01	3.4	1:46	4.2	7:16	0.0	8:26	0.5	6:12	8:07	
5	Fri	2:00	3.1	2:53	4.1	8:12	0.2	9:36	0.6	6:13	8:06	
6	Sat	3:13	2.9	4:01	4.0	9:12	0.4	10:41	0.7	6:13	8:05	
7	Sun	4:25	2.8	5:02	4.0	10:13	0.5	11:42	0.7	6:14	8:04	
8	Mon	5:26	2.9	5:57	3.9	11:12	0.6			6:15	8:03	
9	Tue	6:22	3.0	6:47	3.9	12:38	0.6	12:10	0.6	6:16	8:02	
10	Wed	7:12	3.1	7:30	4.0	1:26	0.6	1:03	0.6	6:17	8:01	
11	Thu	7:54	3.3	8:07	4.0	2:03	0.5	1:46	0.5	6:17	7:59	
12	Fri	8:32	3.4	8:40	3.9	2:34	0.4	2:23	0.5	6:18	7:58	
13	Sat	9:07	3.5	9:12	3.9	3:02	0.3	2:58	0.6	6:19	7:57	
14	Sun	9:42	3.6	9:44	3.8	3:30	0.3	3:33	0.6	6:20	7:56	
15	Mon	10:17	3.6	10:18	3.6	3:59	0.4	4:12	0.7	6:21	7:55	
16	Tue	10:53	3.7	10:54	3.4	4:31	0.4	4:54	0.8	6:22	7:53	
17	Wed	11:29	3.7	11:31	3.3	5:05	0.5	5:39	0.9	6:22	7:52	
18	Thu			12:06	3.8	5:42	0.6	6:26	1.0	6:23	7:51	
19	Fri	12:10	3.1	12:47	3.8	6:22	0.7	7:16	1.0	6:24	7:50	
20	Sat	12:54	3.0	1:35	3.8	7:07	0.7	8:13	1.0	6:25	7:48	
21	Sun	1:46	2.8	2:35	3.9	8:01	0.8	9:16	1.0	6:26	7:47	
22	Mon	2:53	2.8	3:43	4.0	9:03	0.7	10:18	0.9	6:27	7:46	
23	Tue	4:04	2.9	4:46	4.2	10:07	0.6	11:18	0.6	6:27	7:44	
24	Wed	5:09	3.2	5:45	4.4	11:10	0.4			6:28	7:43	
25	Thu	6:11	3.5	6:43	4.6	12:17	0.4	12:14	0.2	6:29	7:42	
26	Fri	7:10	3.9	7:36	4.8	1:11	0.1	1:15	0.0	6:30	7:40	
27	Sat	8:04	4.2	8:26	4.8	1:59	-0.2	2:11	-0.2	6:31	7:39	
28	Sun	8:54	4.5	9:15	4.7	2:43	-0.3	3:04	-0.2	6:31	7:37	
29	Mon	9:45	4.7	10:05	4.4	3:28	-0.4	3:59	-0.1	6:32	7:36	
30	Tue	10:37	4.8	10:56	4.1	4:14	-0.3	4:57	0.1	6:33	7:35	
31	Wed	11:29	4.8	11:47	3.8	5:03	-0.1	5:57	0.3	6:34	7:33	