
































Virginia Beach (outer coast), VA - Apr 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:50	3.4	3:20	3.0	9:16	0.3	9:29	0.1	5:49	6:26	
2	Sun	4:53	3.6	5:21	3.4	11:12	0.0	11:33	-0.1	6:47	7:27	
3	Mon	5:50	3.8	6:17	3.8			12:05	-0.2	6:46	7:27	
4	Tue	6:46	3.9	7:11	4.2	12:35	-0.4	12:57	-0.5	6:44	7:28	
5	Wed	7:38	3.9	8:02	4.6	1:33	-0.6	1:44	-0.7	6:43	7:29	
6	Thu	8:28	3.9	8:50	4.7	2:25	-0.8	2:30	-0.7	6:41	7:30	
7	Fri	9:17	3.8	9:39	4.7	3:15	-0.8	3:16	-0.7	6:40	7:31	
8	Sat	10:07	3.6	10:31	4.5	4:07	-0.6	4:04	-0.5	6:39	7:32	
9	Sun	10:59	3.4	11:24	4.3	5:03	-0.4	4:58	-0.2	6:37	7:33	
10	Mon	11:53	3.2			6:01	-0.1	5:55	0.0	6:36	7:34	
11	Tue	12:19	3.9	12:48	3.0	7:01	0.2	6:57	0.3	6:34	7:34	
12	Wed	1:18	3.6	1:53	2.8	8:06	0.4	8:05	0.5	6:33	7:35	
13	Thu	2:30	3.3	3:15	2.8	9:14	0.5	9:20	0.6	6:32	7:36	
14	Fri	3:48	3.1	4:23	2.9	10:13	0.6	10:26	0.6	6:30	7:37	
15	Sat	4:47	3.1	5:16	3.1	11:03	0.5	11:24	0.6	6:29	7:38	
16	Sun	5:36	3.1	6:01	3.3	11:46	0.5			6:27	7:39	
17	Mon	6:19	3.1	6:41	3.5	12:15	0.5	12:25	0.4	6:26	7:40	
18	Tue	6:58	3.1	7:17	3.6	1:00	0.4	12:59	0.3	6:25	7:41	
19	Wed	7:34	3.1	7:49	3.8	1:37	0.2	1:29	0.2	6:24	7:41	
20	Thu	8:07	3.1	8:21	3.9	2:10	0.1	1:59	0.2	6:22	7:42	
21	Fri	8:40	3.1	8:53	3.9	2:41	0.1	2:30	0.2	6:21	7:43	
22	Sat	9:13	3.0	9:26	3.9	3:13	0.1	3:02	0.3	6:20	7:44	
23	Sun	9:48	2.9	10:03	3.8	3:49	0.1	3:37	0.3	6:18	7:45	
24	Mon	10:27	2.9	10:44	3.8	4:28	0.2	4:17	0.4	6:17	7:46	
25	Tue	11:08	2.8	11:29	3.7	5:13	0.3	5:03	0.5	6:16	7:47	
26	Wed	11:53	2.8			6:01	0.4	5:55	0.5	6:15	7:48	
27	Thu	12:16	3.6	12:42	2.8	6:52	0.4	6:52	0.5	6:13	7:48	
28	Fri	1:08	3.5	1:40	2.9	7:47	0.4	7:56	0.5	6:12	7:49	
29	Sat	2:09	3.5	2:50	3.1	8:45	0.3	9:06	0.4	6:11	7:50	
30	Sun	3:18	3.4	3:58	3.4	9:43	0.1	10:13	0.2	6:10	7:51	